

7. Prayers to the Blessed Virgin Mary, Our Mother, Our Queen, Protectress, Mediatrix and Friend



OUR BLESSED VIRGIN MOTHER

Picture of our Lady drawn by an Italian mystic, whose hand was guided by our Lady.
A special blessing is given each day to the person who carries it and another blessing given each time one looks at it with love.
(Pieta Booklet)

7.1. Sub Tuum Praesidium¹⁰²

SUB TUUM PRAESIDIUM confugimus,
Sancta Dei Genitrix.
Nostras deprecationes ne despicias in necessitatibus nostris,
sed a periculis cunctis libera nos semper,
Virgo gloriosa et benedicta.

WE FLY TO THY PATRONAGE,
O Holy Mother of God;
Do not despise our petitions in our necessities,
but deliver us always from all dangers,
O Glorious and Blessed Virgin.

7.1.1. Thanksgiving Prayer to Our Blessed Mother

☉ **BLESSED VIRGIN MARY**, our Mother, our Queen, Protectress, Mediatrix and Friend, we thank thee for the Divine love, mercies, forgiveness, salvation, companionship, providence, patience, guidance, protection, liberality, tolerance, assistance, blessings, graces, benefits and favors that thou hast obtained for us throughout our lifetimes from our Ever-Merciful, Ever-Compassionate, Ever-Generous, Ever-Provident and Ever-Loving God, especially during our times of greatest need. We beg thee, dearest Mother to keep on praying for us and keep on gathering the prayers that all the angels, saints, holy souls in Heaven, the poor, holy souls in Purgatory and all the faithful on earth are offering on our behalf; and together with thy prayers, please offer them all at the foot of the Blessed Trinity.

May our Lord God Almighty look with favor on all thy petitions for us and see it fit, in His great and tender mercies, to continually grant us His love and benefits, today and always. Amen.

Three Hail Mary's, In honor of Our Blessed Virgin Mother and in thanksgiving for all that she has done for us, which she offers for the greater glory of Our Almighty God, The † Father, The Son and The Holy Ghost. (Use the 'Flame of Love' format as follows:)

AVE MARIA, gratia plena; Dominus tecum; benedicta tu in mulieribus, et benedictus fructus ventris tui, Jesus.

SANCTA MARIA, Mater Dei, ora pro nobis peccatoribus, et diluvium totam humanitatem cum benedictionibus tuis ignis amoris, nunc et in hora mortis nostrae. Amen.

HAIL MARY, full of grace; the Lord is with thee; blessed art thou among women, and blessed is the fruit of thy womb, Jesus.

HOLY MARY, Mother of God, pray for us sinners and flood the whole humanity with blessings of thy fire of love, now and at the hour of our death. Amen.

Salve Regina (Hail Holy Queen)¹⁰³

SALVE REGINA, Mater misericordiae. Vita, dulcedo, et spes nostra, salve. Ad te clamamus exsules filii Hevae. Ad te Suspiramus, gementes et flentes in hac lacrimarum valle. Eia ergo, Advocata nostra, illos tuos misericordes oculos ad nos converte. Et Iesum, benedictum fructum ventris tui, nobis post hoc exsilium ostende. O clemens, O pia, O dulcis Virgo Maria.

HAIL, HOLY QUEEN, Mother of Mercy; hail our life, our sweetness, and our hope. To thee do we cry, poor banished children of Eve; to thee do we send up our sighs, mourning and weeping in this valley of tears. Turn, then, most gracious advocate, thine eyes of mercy towards us; and after this our exile, show unto us the blessed fruit of thy womb, Jesus. O clement, O loving, O sweet Virgin Mary.

V. Ora pro nobis, Sancta Dei Genetrix.
R. Ut digni efficiamur promissionibus Christi.

Orémus

OMNÍPOTENS SEMPITÉRNE DEUS, Qui gloriósæ Virginis Matris Mariæ corpus et ánimam, ut dignum Filii tui habitáculum éffici mererétur, Spíritu Sancto cooperánte, præparásti: da, ut, cujus commemoratióne lætámur, ejus pia intercessióne, ab instántibus malis et a morte perpétua liberémur. Per eúndem Christum Dóminum nóstrum. Amen.

V. Pray for us, O holy Mother of God.
R. That we may be made worthy of the promises of Christ.

Let us Pray

ALMIGHTY, EVERLASTING GOD, Who by the cooperation of the Holy Ghost, didst prepare the body and soul of Mary, glorious Virgin and Mother, to become a worthy dwelling for Thy Son; grant that we, who rejoice in her commemoration may, by her gracious intercession, be delivered from present evils and from everlasting death. Through the same Christ our Lord. Amen.

7.2. Additional Prayers to Our Blessed Virgin Mother

7.2.1. **BLESSED BE THY PURITY**, may it be blessed forever. For no less than God takes delight in such exalted beauty. To thee, Heavenly Queen, Holy Virgin Mary, we offer on this day, our hearts, lives and souls. Look upon my beloved spouse, our children, on all those for whom we pray for daily and this poor sinner with compassion. Do not leave us, O Dearest Mother.

7.2.2. **Flower Prayer to The Blessed Virgin Mary** (By St. Gertrude the Great)

HAIL! WHITE LILY of the Ever-peaceful and Glorious Trinity! Hail! Effulgent Rose, the Delight of heaven, of whom the King of Heaven was born, and by whose milk He was nourished! Do Thou feed our souls by the effusions of thy divine influences.

7.2.3. **Prayer to Our Lady Queen of The Angels** (Original text dictated by Our Mother to Fr. Cestac, Jan. 13, 1864)

AUGUST QUEEN of the Heavens, heavenly Sovereign of the angels, thou who from the beginning received from God the power and mission to crush the head of Satan, we humbly beseech thee, to send thy holy Legions so that under thy command and through thy power, they may pursue the demons, combat them everywhere, suppress their boldness and drive them back into the abyss. Amen.

“Who is like unto God?”

O GOOD and tender Mother, thou shalt always be our love and our hope!

O DIVINE Mother, send thy holy Angels to defend us and drive far away from us the cruel enemy!

HOLY ANGELS and Archangels, defend us and guard us. Amen.

7.2.4. **An Act of Consecration To Our Lady of The Miraculous Medal**¹⁰⁴



OUR LADY OF THE MIRACULOUS MEDAL

☩ VIRGIN Mother of God, Mary Immaculate, we dedicate and consecrate ourselves to thee under the title of Our Lady of the Miraculous Medal. May this medal be for each one of us a sure sign of thy affection for us and a constant reminder of our duties towards thee. Ever while wearing it, may we be blessed by thy loving protection and preserved in the grace of thy Divine Son, Our Lord Jesus Christ. O most powerful Virgin, Mother of our Savior, keep us close to thee every moment of our lives. Obtain for us, thy children, the grace of a happy death; so that, in union with thee, we may enjoy the bliss of heaven forever. Amen.

O Mary, conceived without sin, *Pray for us who have recourse to Thee.* (3X);

St. Catherine Laboure, *Pray for us.*

7.2.4.1. **Prayer on The Feast of Our Lady of The Miraculous Medal**¹⁰⁵
(November 27)

☩ Lord God Almighty, Who hast willed that all things should be given to us through the Immaculate Mother of Thy Son: grant that under the protection of His mighty Mother, we may escape all the dangers of these our times, and in the end may come to life everlasting. Through the same Christ Our Lord. Amen.

7.2.5. A Green Scapular Prayer

☩ BLESSED Virgin Mother, through the merits of thy most **Immaculate Heart** and by the powers, blessings, graces and favors our Loving and True Ever-living God has given thee, particularly through the **Green Scapular** of thy same Immaculate Heart; please protect and guide thy children who has this **Scapular** in their persons or possessions, knowingly or unknowingly (*kiss the green scapular*). For those who needs conversion from their



evil, wicked, sinful, ungodly, worldly ways and wrong religions, please obtain for them God's mercy and grace that they may be converted by the Precious Blood of thy Dearly-Beloved Son, Our Lord and Saviour Jesus Christ to the true Faith; and that we will all walk and stay in the only path to Heaven paved by His self-same Precious Blood. Then cover us all, thy children with thy virginal mantle to protect us from the wickedness and snares of the infernal enemy. That God will imbue us with holy perseverance to stay in this very same path up to our last breath. That when our earthly sojourn is over and when we stand before God's judgment seat in our particular judgment, The Blessed Trinity may find us worthy of joining thee and thy court of angels, saints and holy souls in Heaven in giving Him glory, honor, praise and thanksgiving for all eternity. Amen.

Immaculate Heart of Mary, Pray for us, now and at the hour of our death. Amen. (7X, in honor of Our Mother's Seven Sorrows, the seven swords in her loving heart.)

Most Sacred Heart of Jesus, Have mercy on us. (7X)

7.2.6. Prayer to Our Lady of Mt. Carmel¹⁰⁶

☉ BLESSED VIRGIN, full of grace, Queen of all Saints, how sweet it is for us to venerate thee under the title of our Lady of Mount Carmel. It takes us back to the days of the prophet of Elias, when thou wast prefigured on Mount Carmel under the form of the little cloud, from which, as it increased, there fell a kindly rain, symbolic of the sanctifying graces that come to us from thee. Even from the days of the Apostles, thou hast been honored under this mystic title; and today we are filled with joy at the thought that we are united with those first clients of thine, and in union with them we salute thee, saying:

☉ Beauty of Carmel, glory of Libanus, thou purest of lilies, mystic rose in the flowering garden of the Church. O Virgin of virgins, be mindful of us in our misery, and show thyself as our Mother. Shed upon us ever more and more the living light of that faith which made thee, blessed; inflame us with that heavenly love wherewith thou didst love thy dear Son, Jesus Christ. We are filled with miseries both spiritual and temporal. We are straitened by many sorrows in body and soul, and we take refuge, like a child, in the shadow of thy motherly protection. Do thou, Mother of God, who hast such power and might, obtain for us from blessed Jesus, the heavenly gifts of humility, chastity, and meekness, which were the fairest ornaments of thine immaculate soul. Do thou grant us to be strong in the midst of the temptations and bitterness, which so often overwhelm our spirits. And when the days of our earthly pilgrimages are accomplished according to God's holy will, grant that our souls may obtain the glory of paradise, through the merits of Christ and thine intercession. Amen. (500 days indulgence)



Our Mother of Mount Carmel

7.2.7 Prayer On The Feast of Our Lady of The Way (B.V.M. "Della Strada, May 24)

In Thy loving kindness, O Lord, look down with favor on our offering: and, listening to the prayers of the Blessed Virgin Mary, make the wicked to turn aside from the way of sin and the just to persevere in Thy way and Thy truth. Through Our Lord.

7.2.7 Prayer For The Conversion of Heretics and Schismatics

☉ MARY, Mother of Mercy and Refuge of sinners, we beseech thee to look with pitying eyes on heretics and schismatics, especially my heretical loved ones; those for whom we pray for daily and all those for whom the Lord willest we should pray for or knowest we ought to pray for, who are or have become as such. Do thou, who art the seat of wisdom, illuminate their minds, wretchedly involved in the darkness of ignorance and sin, that they may know the Traditional Holy, Catholic, Apostolic, Roman Church as the true Church of Jesus Christ, out of which no sanctity nor salvation can be found. Finally, complete their conversion by obtaining for them the grace to believe every truth of our Holy Faith, and submit to the doctrines of the Traditional Catholic Church, that thus, being soon united to us by the bonds of divine charity, they may make with us but one fold under one and the same pastor, that we may thus, O glorious Virgin, all sing exultingly forever, "Rejoice! O Virgin Mary! Alone thou hast destroyed all heresies in the whole world." Amen. Ave... (3X)

7.2.8. Prayers For Our Country and For The Preservation of Life¹⁰⁷

☉ MOST BLESSED VIRGIN MARY, Mother of Mercy, at this most critical time, we entrust our country to thy

loving care. Most Holy Mother, we beg thee to reclaim this land for the glory of thy Son, Our Lord Jesus Christ. Overwhelmed by the burden of the sins of our nation, we cry to thee from the depths of our hearts and seek refuge in thy motherly protection.

LOOK DOWN with mercy upon us and touch the hearts of our people. Open our minds to the great worth of human life and to the responsibilities that accompany human freedom. Free us from the falsehoods that lead to the evil of abortion and threaten the sanctity of family life. Grant our country the wisdom to proclaim that God's law is the sole foundation on which this nation was founded, and that He alone is the True Source of our cherished rights to life, liberty and the pursuit of happiness.

O MERCIFUL MOTHER, give us: the courage to reject the culture of death and the strength to build a new culture of life for God's profit, pleasure and happiness; and the wisdom to recognize the infernal cockle and avoid them at all costs. Amen.

7.2.9. Pilgrim's Prayer

© VIRGIN Mary, Help of Christians, we dedicate ourselves to thy service. We consecrate to thee, our minds, hearts and bodies, and promise to work always for the greater glory of God and the salvation of all people. We pray for the Church throughout the world. Protect the young, particularly God's wheat from the infernal cockle and help the aged, save sinners and console the dying. Thou art our Hope, Mary, Mother of Mercy and Gate of Heaven. Pray to thy Son for us so that we may be filled with selfless charity and deep faith. Ask Jesus for those things which we cannot obtain through our own actions and help us in this our present necessity (*mention your needs*). May we always see and obey the Will of the Eternal Father in our lives. We ask this of thee, Sweet Spouse of the Holy Ghost, so that we may come to thy Son in grace. Amen.

7.2.10. Prayer to The Queen of Missions

HOLY MARY, Our Mother, today, each day and in our last hour, we entrust ourselves entirely to thy loving and singular care. We place in thy hands our entire hope and happiness, our every anxiety and difficulty, our whole lives. May our every endeavour be directed and guided according to the Will of thy Son, which is thy will: by the aid of thy prayers and special favor with God. Amen.

7.2.11. Petitions to Our Blessed Mother¹⁰⁸



Sweet Heart of MARY, be our salvation.

Our Mother protect us this day from mortal sin.

Holy Mary, deliver us from the pains of Hell.

Our Mother, Our Trust!

Mary, Mother of God, pray to Jesus for us.

In Thy Conception, O Virgin Mary, thou wast immaculate; pray for us to The Father, Whose Son Jesus Christ, conceived of The Holy Ghost, thou didst bring forth.

To Thee, O Virgin Mother, who wast never defiled with the slightest stain of original or actual sin, we commend and entrust the purity of our hearts.

Remember, O Virgin Mother of God, when thou standest in the presence of The Lord, that thou speak good things for us and turn His wrath from us. Amen.

Our Queen! Our Mother! We give ourselves entirely to thee; and to show our devotion to thee, we consecrate to thee our eyes, our ears, our mouths, our hearts, our whole beings, without reserve. Wherefore, good Mother, as we are thine own, keep us, guard us as thy property and possession. Amen.

7.2.12. Petition to The Queen of The Holy Rosary

© QUEEN of the most Holy Rosary, in these times of brazen impiety, show again thy power, with the signs which accompanied thy victories of old, and from the throne where thou art seated, dispensing pardon and grace, in pity watch over the Church of thy Son, His Vicar and every order of the clergy and laity, suffering in grievous warfare.

Hasten, O Most Powerful Destroyer of heresy, hasten the hour of mercy, seeing that the hour of judgment is daily challenged by innumerable offenses. Obtain for us, the lowest of men, kneeling suppliant in thy presence, the grace which may enable us to live a just life on earth, and reign with the just in heaven, whilst with the faithful throughout the world, O Queen of the most Holy Rosary, we salute thee and cry out: Queen of the



most Holy Rosary, pray for us! Amen.

7.2.12.1. O Gloriosa Domina

O Gloriosa Domina
 excelsa super sidera,
 qui te creavit provide,
 lactasti sacro ubere.
 Quod Eva tristis abstulit,
 tu reddis almo germine;
 intrent ut astra flebiles,
 Caeli fenestra facta es.
 Tu regis alti janua
 et porta lucis fulgida;
 vitam datam per Virginem,
 gentes redemptae, plaudite.
 Gloria tibi, Domine,
 qui natus es de Virgine,
 cum Patre et Sancto Spiritu
 in sempiterna saecula. Amen.

O Heaven's Glorious Mistress,
 elevated above the stars,
 thou feedest with thy sacred breast,
 Him Who created thee.
 What miserable Eve lost,
 thy dear Offspring to man restores,
 the way to glory is open to the wretched, for thou
 has become the Gate of Heaven.
 Thou art the door of the High King,
 the gate of shining light.
 Life is given through a Virgin:
 Rejoice, ye redeemed nations.
 Glory be to Thee, O Lord,
 Born of a Virgin,
 with the Father and the Holy Spirit,
 world without end. Amen.

The 'O Gloriosa Domina' and Our Lady of the Privileges - January 9¹⁰⁹

In the year 1224 a miraculous event took place in the Franciscan Monastery of Alenquer, Portugal. There was a novice of innocent soul who committed a slight fault, and, for his penance, the Master of Novices told him not to leave the altar of Our Lady in the Chapter Hall until she had revealed to him the prayer she most liked. The novice is commanded to pray without ceasing until Our Lady gives her answer.

What caused the Master to give such a strange penance? Either he wanted to test the humility and obedience of the novice or, moved by some special grace, he was expecting some extraordinary fact.

The novice persevered all day, praying on his knees before the altar. As the night passed, he addressed Our Lady with heartfelt words and great affection, saying: "O Most Holy Virgin, Mother of Pity, I humbly beg Thee to manifest to this Thy servant what the Master commanded me by obedience to ask of Thee. Blessed Mother, I will not leave from this place without an answer."

O great marvel! Behold the Queen of the Angels, who, inclining forward from the altar where she stood, responded: "Go, beloved son, and tell your Master that the hymn *O Gloriosa Domina* that the Church sings to me is, amongst all the prayers, the one that most pleases me. And to prove that what I say you is true, this, my Infant, who until now I held in my right arm, **I now pass to my left arm.** For this reason, you may go with confidence and give my response, for when all will see such an extraordinary marvel, they will believe what you say. So go, and invite the Master and the other religious to come visit me."

The novice, consoled by such a great favor, thanked Our Lady and then went to tell what had happened to the Master of Novices. The latter, accompanied by all the religious of the Monastery, went to the altar in the Chapter Hall. Seeing that miracle, they all believed the words Our Lady had told the novice about the prayer *O Gloriosa Domina*.

Thenceforth devotion to Our Lady grew a great deal even until this day. **From that day forward the Infant remained in the left arm of Our Lady**, giving testimony of the miracle, for the signs remained in the sculpture that before the Divine Child had rested in her right arm.

To commemorate this miracle, every Saturday after Compline and the ringing of the Great Bell, the entire Monastery goes in procession with lit candles to the Chapter. With solemnity and devotion they sing the hymn *O Gloriosa Domina*.

It seems that this was the origin of the great devotion St. Anthony had for this hymn. He would intone it in his grand difficulties, such as on the night when the Devil tried to drown him in revenge for the great success his preaching had produced in Italy. The Devil took flight when St. Anthony sang this hymn.

The gothic Monastery & Church of St. Francis in Alenquer were destroyed by an earthquake in 1755; baroque buildings replaced them.



The statue inclines forward & begins to move the Divine Infant to her left arm.

7.2.13. Prayers to Our Blessed Virgin Mother for Each Day of The Week¹¹⁰NIHIL OBSTAT: † John M. Fearn, S.T.D., *Censor Librorum*.IMPRIMATUR: † Francis Cardinal Spellman, *Archiepiscopus Neo Eboracensis*. Neo Eboraci February 19, 1947.*An indulgence of 3 years for each prayer. A plenary indulgence under the usual conditions if recited daily for a month. (No. 334.)*

DOMINICA

Consequi Remissionem Peccatorum Nostrorum

MATER DEI NOSTRI, respice descendit super nos pauperes peccatores, qui habet eandem ad te, et ponit suam fiduciam in te. Nos sunt, non est dignus ut tu shouldst etiam mittitur oculis tuis super nos; sed scimus, quod tu, beholding Iesu, tua Filius, moriens pro peccatoribus, credimus desiderium nimis salvare. O Mater Misericordiae, respice in nostra miseriae et misericordia super nos.

Dicunt homines tu es Refugium peccatoris, Spes desperatis, Auxilio perdidit; tu es, tunc, nostra Refugium, Spes, et Auxilium. Est tua vota, quae debet, salva nos. Nam et in Jesum Christum esse nostrum auxilium; pervenire porro tua manus ad pauperes cecidit peccatores, qui suadeo se ad te. Scimus enim quod tua gaudium auxilium peccator cum tu potes; nobis autem, quia tu potes adiuva nos. A peccatis nostris nos subtracta gratia Dei et nostra animas. Nos ponimus in manus tuas; o, dic nobis, quid facere, ut possimus evadere, et ad gratiam Dei, et faciemus. Salvator noster iubet nos venire ad te ad auxilium; Ille vult, quod nos respicere ad tua misericordia; ut sic, non solum merita Filius tuus, sed tua propria preces, nimis, ut, adunare, et salvabit nos. Tibi, ergo, nos recurrere: ora Jesum pro nobis; et notum facere magnum bonum, tu potes facere unum, qui confidit in te. Fiat nobis secundum spem. Amen.

Ave... (3X, In vindicaret blasphemies contra nostra, Beata Virgo Mater, Maria.)

LUNAE

Adipisci Sancta Perseverantia

SANCTISSIMA MARIA, Regina caelorum, nos, qui erant quondam servus unum malum nunc devotio tua servitium in perpetuum; et offerimus nos ad honorem et servire te quamdiu vivimus. Accipere, nos tui servi, et mittitur a nobis, non a te, sicut et nos digni. In te, O Mater nostra, nos loco, omnia sperat. Omni benedictione et gratiarum actio Deo, Qui in Sua magna misericordia dedit nobis hoc fiduciam in te. Verum est, quod in tempore praeterito habemus cecidit miserabiliter in peccatum; sed per merita Iesu Christi, et per tuas preces, speramus, quod Deus iniquos nobis. Sed hoc non est satis, Mater nostra. Unum cogitari distresses nos; id est, quod nos, ut tamen amittere gratiam Dei. Periculum est, semper prope; et diabolus, qui dormit non; nova tentationes vincit in nobis. Protege nos, igitur, nostra Regina; adiuva nos contra insultus nostra spiritualis hostis. Numquam nobis peccare, vel offendit Iesus Filius tuus. Venite, non per peccatum amittere animas nostras, et Caelum, et Dei nostri. Hoc unum gratia, Maria, quaeritur de te; hoc est cupiditas, ad hoc ut tui precibus impetrare pro nobis. Talis est nostra spes. Amen.

Ave... (3X)

MARTIS

Adipisci a Sancta Mors

SUNDAY

To Obtain the Forgiveness of Our Sins

MOTHER OF OUR GOD, look down upon us poor sinners, who has recourse to thee and puts their trust in thee. We are not worthy that thou shouldst even cast thine eyes upon us; but we know that thou, beholding Jesus, thy Son, dying for sinners, dost yearn exceedingly to save them. O Mother of Mercy, look on our miseries and have pity upon us.

Men say thou art the Refuge of the sinner, the Hope of the desperate, the Aid of the lost; thou art, then, our Refuge, Hope and Aid. It is thy prayers which must save us. For the love of Jesus Christ be our help; reach forth thy hand to the poor fallen sinners who recommend themselves to thee. We know that it is thy joy to aid the sinner when thou canst; help us now, for thou canst help us. By our sins we have forfeited the grace of God and our own souls. We place ourselves in thy hands; oh, tell us what to do that we may regain the grace of God, and we will do it. Our Saviour bids us to come to thee for help; He wills that we should look to thy pity; that so, not only the merits of thy Son, but thine own prayers, too, may unite to save us. To thee, then, we have recourse: pray to Jesus for us; and make known the great good thou canst do for one who trusts in thee. Be it done unto us according to our hopes. Amen.

Hail Mary... (3X, In reparation for blasphemies against our Blessed Virgin Mother, Mary.)

MONDAY

To Obtain Holy Perseverance

MOST HOLY MARY, Queen of heaven, we who were once the slave of the evil one now dedicate ourselves to thy service forever; and we offer ourselves to honor and to serve thee as long as we live. Accept us for thy servants, and cast us not away from thee, as we deserve. In thee, O our Mother, we place all our hopes. All blessing and thanksgiving be to God, Who in His great mercy gave us this trust in thee. True it is, that in time past we have fallen miserably into sin; but by the merits of Jesus Christ, and by thy prayers, we hope that God has pardoned us. But this is not enough, our Mother. One thought distresses us; it is that we may yet lose the grace of God. Danger is ever near; the devil sleeps not; fresh temptations assail us. Protect us, then, our Queen; help us against the assaults of our spiritual enemy. Never let us sin again, or offend Jesus thy Son. Let us not by sin lose our souls, Heaven, and our God. This one grace, Mary, we ask of thee; this is our desire, this may thy prayers obtain for us. Such is our hope. Amen.

Hail Mary... (3X)

TUESDAY

To Obtain a Holy Death

SANCTISSIMA MARIA, Mater Bonitatis, Mater Misericordiae, cum nos reflectere super peccata nostra et in momento mortis nostrae, nos formidabunt, et confundit. O nostri suavissima Matre, in sanguine Christi et in tua intercessione, est spes nostra. Comforter tristisque, deserere nos non in illa hora; non, non ad consolandum nos in tribulatione. Si etiam nunc Dominus Veniam Ordo nos sunt, ita qui est à remorse peccata commisimus, incerto nostrae ignosce, periculum relapsus, et austeritas Iudicium, quid erit nobis igitur?

O Mater nostra, ante mortem vincere nobis, da nobis magnum dolorem pro peccatis nostris, verum emendatione, et constans fidelitas Deo reliquum vitae nostrae. Et cum tandem nostra venit hora, tunc tu, Maria, spes nostra, auxilium nostrum in eos magnam molestias qua animae erit circumdatum. Confirma in nobis, ut possimus non desperatio, cum hostium occidit nostra peccata nobis ante facies. Adipisci nobis eo tempore gratiam invocare te saepe, ut cum tua dulcis, et est nomen, quod sanctissimae Filius in ore nostro ut respirare porro animas nostras. Hoc gratia tu habes concessit, ut multi servorum tuorum; hoc quoque est spes nostra, et nostra cupiditas. Amen. *Ave...* (3X)

MERCURI

Obtinere Liberationem ab Inferno

DEI MATREM sanctissimam Mariam, quam saepe a peccatis nostris nos meruit Infernum! Pridem, fortasse, iudicium fuisset porro contra nostrum primum peccatum mortale, utinam tu non, in tua tenera misericordia, moram iustitiam Dei, et postea attrahitur a nobis dulcedinis tuae, ut confido in tuas orationes. Et o, quam saepissime, ut et nos ceciderunt in pericula, quae circumdare nostri vestigia utinam tu non, pia Mater, quod tu es, et custodivit nos per gratia tu dixisti da nobis per tuas preces. Sed, nostra Regina, quid tua misericordia et beneficiis, valere nos, si post omnes nos adhuc pereat in flammis Gehennae?

Si fuit aliquando tempus, cum nos dilexit te, et non, nunc, deinde ad Deum, diligamus te ante omnes. Quare, amodo et usque in sempiternum, et nos non vertimus terga super te et super Deum nostrum, Qui per te habes concessa nos toto sancta et favet.

O Domina, dignissimos omnis amor, sit non esse nos filii tui, ut acribus odio detestari te in aeternum in Inferno. Tu misereberis certe numquam permiserit placuerunt servis tuis, ut pereant, qui amat te. O Maria, dicere non quod non semper potest esse perdidit! Tamen perdidit dicemus utique esse, si nos deserere te. Sed quis unquam in cor, ut relinquam te? Qui potest umquam oblivisci tui amor? Non, impossibile est enim quod homo pereat, qui fideliter commendat se ad te et recursus ad te. Tantum relinquere, et nos non, Mater nostra, in manibus nostris, aut perimus! Nos autem adhaerere ad te! Salva nos, nostra spes! Salva nos ab Inferno; vel potius, nisi a nobis peccatum, quod solum potest iudicet nos ad Infernum. Amen. *Ave...* (3X)

JOVIS

Adipisci Caelo

☪ **REGINA** caelorum, tu sedet sedes super omnes choros

MOST HOLY MARY, Mother of Goodness, Mother of Mercy, when we reflect upon our sins and upon the moment of our death, we tremble and are confounded. O our sweetest Mother, in the blood of Jesus and in thy intercession, is our hope. Comforter of the sad, abandon us not at that hour; fail not to console us in that affliction. If even now we are so tormented by remorse for the sins we have committed, the uncertainty of our pardon, the danger of a relapse, and the strictness of the Judgment, how will it be with us then?

O our Mother, before death overtakes us, obtain for us great sorrow for our sins, a true amendment, and constant fidelity to God for the remainder of our lives. And when at length our hour has come, then do thou, Mary, our hope, be our aid in those great troubles wherewith our souls will be encompassed. Strengthen us, that we may not despair when the enemy sets our sins before our faces. Obtain for us at that moment grace to invoke thee often, so that with thy sweet name and that of thy most Holy Son upon our lips we may breathe forth our souls. This grace thou hast granted to many of thy servants; this, too, is our hope and our desire. Amen.

Hail Mary... (3X)

WEDNESDAY

To Obtain Deliverance from Hell

MOTHER OF GOD, most holy Mary, how often by our sins have we merited Hell! Long ago, perhaps, judgment would have gone forth against our first mortal sin, hadst thou not, in thy tender pity, delayed the justice of God, and afterward attracted us by thy sweetness to have confidence in thy prayers. And oh, how very often should we have fallen in the dangers which beset our steps hadst thou not, loving Mother that thou art, preserved us by the grace thou didst obtain for us by thy prayers. But, our Queen, what will thy pity and favors avail us, if after all we still perish in the flames of Hell?

If there was once a time when we loved thee not, now, next to God, we love thee before all. Wherefore, henceforth and forever, let us not turn our backs upon thee and upon our God, Who through thee hast granted to us so many mercies and favors.

O Lady, most worthy of all love, let it not be we thy children, should be doomed to hate and to curse thee forever in Hell. Thou wilt surely never permit thy servants to be lost who loves thee. O Mary, say not that we ever can be lost! Yet lost we shall assuredly be, if we abandon thee. But who could ever have the heart to leave thee? Who can ever forget thy love? No, it is impossible for that man to perish who faithfully recommends himself to thee and has recourse to thee. Only leave us not, our Mother, in our own hands, or we are lost! Let us but cling to thee! Save us, our hope! Save us from Hell; or, rather, save us from sin, which alone can condemn us to Hell. Amen. *Hail Mary...* (3X)

THURSDAY

To Obtain Heaven

☪ **QUEEN OF HEAVEN**, thou sittest enthroned above all

angelorum proximum Deo; ex hac valle de miseriae, nos, pauperes, peccatores, dico tibi, "Ave Maria," orantes ad te in tuo amore verto super nos tua suavis oculi.

Vide, Maria, periculis in quibus habitant, et erit semper ad habitandum, dum nos vivere super Terram. Nos potest tamen perdere animas nostras, Caelum et Deus. In te, O cara Mater, est spes nostra. Nos diligunt te; et nos desiderantibus tempore, cum videbimus nos, securus in tua pedes. Et quid nos osculum, quod manu, quod habet, tamen nobis multis gratias? Heu, nimis verum, Mater nostra, quia nos semper ipsum caelites, per totam vitam; sed si nos adepto ad Caelum, et nos amare te omni tempore sempiternum et fac vindicaret in aliqua parte nostra ingratitude per semper benedictione et laude te.

Gratias autem Deo quod Ipse concessit nobis hanc spem per Pretiosum Sanguinem Iesu, et per tuam potens intercessione. Hoc fuerit, spes omnes tuas verum amatores; et non est in eis fuerit fraudavit de hoc spes. Nulla, nec erimus fraudavit de hoc spem. O Maria, ora, ad tua propria Filio Iesu, ut nos quoque ora Eum, per merita Suae passionis, firmare et augere hanc spem. Amen. *Ave...* (3X)

VENERIS

Adipisci Amore erga Beatam Matrem et Dominus Noster Iesus Christus

☉ MARIA, TU es nobilissimum, summum, purissimo, pulchra creatura Dei, sanctissimum omnium creaturarum! O, quod omnes homines novi te, et tantum dilexit te, nostra Regina, ut tu meretur! Sed magna est nostra consolatio, Maria, in illo sunt beatae animae in atria Caeli, et iustus animas adhuc in Terris, quorum corda sunt conpeditorum tua et pulchritudine bonitas. Sed supra omnes nos gaudere hoc, quod Dei nostri et Ipse amat te, solus plus quam omnes homines et angeli simul.

Nos quoque, O maxime pulchra Regina, nos, miseri peccatores, audet amare te, si noster amor est parum; utinam et nos habebat maior amor, magis tenera amor; hoc tu, oportet lucrum pro nobis, quoniam ad amorem, te, magnum est signum praedestinatione, et gratia, quam Deus concedit, ut qui hic salvus erit. Insuper, O Mater nostra, cum nos reflectere super debitis debemus Filium, videmus Ipse meruit de nobis, mensura caret caritate.

Tú, igitur, qui habes nihil aliud cupiditas, sed ad Eum dilexit, ora, nos ut hoc gratia: magnus amor Iesu Christi. Donec consecetur, tu qui crédimus adipisci quid tu desirerest. Nos concupiscunt, non bona terra, nec honores, nec divitias, sed volumus, quod, quae tua propria desideria cordis maxime: ut amor noster Deus solus. O, potest fieri, ut tu misereberis non auxilium nobis in desiderium sic accepta tibi? Non, impossibile est! Etiam nunc sentimus auxilium tuum; etiam nunc tu crédimus Dominus Veniam Ordo ora pro nobis. Ora pro nobis, Maria, ora; nec unquam desinit orare, donec tu vides nobis tutum est, in Caelo, ubi erimus quibusdam possidentes, et amare Deum nostrum, et te, carissime Mater nostra, in saecula saeculorum. Amen. *Ave...* (3X)

SATURNI

Adipisci Nostrum Matris Patrocinio

the choirs of the angels nearest to God; from this vale of miseries, we, poor sinners, say to thee, "Hail Mary," praying to thee in thy love to turn upon us thy gracious eyes.

See, Mary, the dangers among which we dwell, and shall ever have to dwell while we live upon this Earth. We may yet lose our souls, Heaven and God. In thee, O dearest Mother, is our hope. We love thee; and we yearn for the time when we shall see ourselves safe at thy feet. What shall we kiss that hand, which has dispensed to us so many graces? Alas, it is too true, our Mother, that we have ever been very ungrateful during our whole lives; but if we get to Heaven, there we will love thee every moment for all eternity and make reparation in some part for our ingratitude by ever blessing and praising thee.

Thanks be to God that He has granted us this hope through the Precious Blood of Jesus, and through thy powerful intercession. This has been the hope of all thy true lovers; and not one of them has been defrauded of this hope. No, neither shall we be defrauded of this hope. O Mary, pray to thine own Son Jesus, as we too pray to Him, by the merits of His passion, to strengthen and increase this hope. Amen. *Hail Mary...* (3X)

FRIDAY

To Obtain Love towards Our Blessed Mother and Our Lord Jesus Christ

☉ MARY, THOU art the noblest, highest, purest, fairest creature of God, the holiest of all creatures! Oh, that all men knew thee, loved thee, our Queen, as thou deservest! Yet great is our consolation, Mary, in that there are blessed souls in the courts of Heaven, and just souls still on Earth, whose hearts are enthralled by thy beauty and goodness. But above all we rejoice in this, that our God Himself loves thee alone more than all men and angels together.

We too, O loveliest Queen, we, miserable sinners, dare to love thee, though our love is too little; would that we had a greater love, a more tender love; this thou must gain for us, since to love thee is a great mark of predestination, and a grace which God grants to those who shall be saved. Moreover, O our Mother, when we reflect upon the debts we owe thy Son, we see He deserves of us an immeasurable love.

Do thou, then, who hast no other desire but to see Him loved, pray that we may have this grace: a great love for Jesus Christ. Obtain it, thou who dost obtain what thou desirerest. We covet not goods of earth, nor honors, nor riches, but we desire that which thine own heart desires most: to love our God alone. Oh, can it be that thou wilt not aid us in a desire so acceptable to thee? No, it is impossible! Even now we feel thy help; even now thou dost pray for us. Pray for us, Mary, pray; nor ever cease to pray, till thou seest us safe in Heaven, where we shall be certain of possessing and of loving our God and thee, our dearest Mother, forever and ever. Amen. *Hail Mary...* (3X)

SATURDAY

To Obtain Our Mother's Patronage

SANCTISSIMA MARIA, scimus gratias, quae tu habes consecutus est pro nobis, et nos scire ingratitude, quod nos ostenditur te. In caelites, homo est indignos favet, et tamen haec omnia non diffidentia in tua misericordia. O nostra magna Advocatus, misertus super nos.

Tu, Maria, gratia es in omnibus, quae est ministra aera nobis Dominus donare dignatur peccatorum; et hoc ergo fac quod tibi nimis est, et dives, ut succurrere nobis. Nos, ut nos salvi sitis: in manus tuas nos locus aeternae salutis nostrae; in animabus nostris damus tibi. Nos ad societatem cum iis, qui sunt tua specialis servi; rejiciunt nobis non. Tu semper miseros calicis ad consolandum super quaerimus. Nolite ergo peccatorum nos delubra deum miseri, qui decurrit ad te. Dic nobis, Maria, Filium tuum: et vocabitur tibi det quid petatis ab eo. Accipe nos sub tuum praesidium, et sufficit nobis; nam cum te ad custodiam nobis, nos timor non male nulla, non quidem peccatis nostris, quia tu misereberis obtinere Dei, ignosce eis; nec mali spiritus, quia tu es longe fortior inferno; nec nostra, Iudice Christo Iesu, quia in tua oratione, et pone seorsum iram.

Protege nos, igitur, Mater nostra; impetret nobis veniam de peccatis nostris, amore Iesu, sanctorum perseverantia, bonam mortem, de Caelo et. Verum est, nos meritum non haec gratiam; sed tu, nisi rogare eos Deo nostro et erit obtinere eos. Ora ergo ad Jesum pro nobis. Maria, nostra Regina, in te confidimus; in hoc confidunt, nos reliqua, nos vivere; et cum hac spe nos velle mori. Amen. *Ave...*(3X)

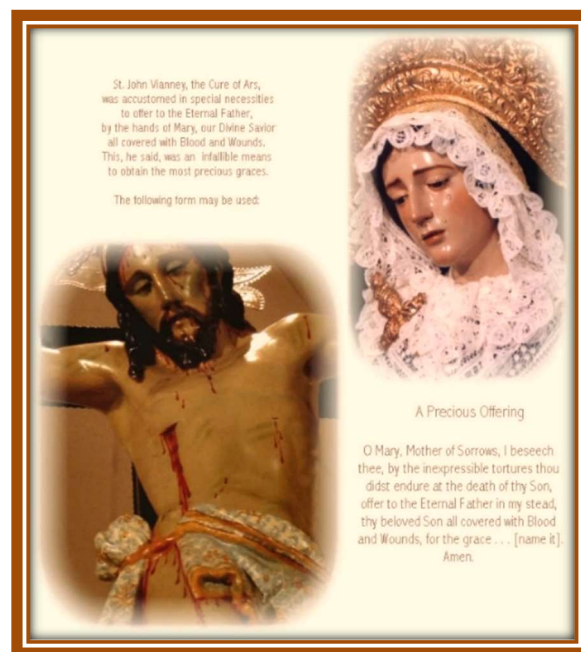
MOST HOLY MARY, we know the graces which thou hast obtained for us, and we know the ingratitude which we have shown thee. The ungrateful man is unworthy of favors, and yet for all this we will not distrust in thy mercy. O our great Advocate, have pity upon us.

Thou, Mary, art the stewardess of every grace which God vouchsafes to give us sinners, and therefore did He make thee so mightily rich and kind, that thou mightest succor us. We will that we may be saved: in thy hands we place our eternal salvation; to thee we consign our souls. We will to be associated with those who are thy special servants; reject us not. Thou art always seeking the wretched to console them. Cast not away, then we wretched sinners who has recourse to thee. Speak for us, Mary; thy Son will grant what thou shalt ask Him. Take us under thy protection, and it is enough for us; for with thee to guard us, we fear no ill – no, not even our sins, because thou wilt obtain God's pardon for them; neither evil spirits, because thou art far mightier than Hell; nor our Judge Jesus Christ, for at thy prayer He will lay aside His wrath.

Protect us, then, our Mother; obtain for us pardon of our sins, love of Jesus, holy perseverance, a good death, and Heaven. It is true, we merit not these graces; yet do thou only ask them of our God, and we shall obtain them. Pray, then, to Jesus for us. Mary, our Queen, in thee we trust; in this trust, we rest, we live; and with this hope we wish to die. Amen. *Hail Mary...*(3X)

7.2.14. Devotion to The Seven Tears and Dolours of The Blessed Virgin Mary, The Mother of Sorrows¹¹¹ [Approved by Pope Pius VII in 1815; See Appendix For Graces Derived from this Devotion]

7.2.14.1. Prayers in Honor of The Seven Dolours of The Blessed Virgin Mary (Short Form)

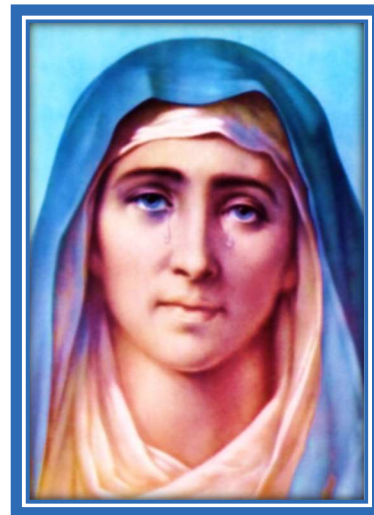


THE PRECIOUS OFFERING PRAYER¹¹²

☉ Blessed Virgin Mary, our Mother of Sorrows, we beseech thee, by the inexpressible tortures thou didst endure at the death of thy dearly-beloved Son, Our Lord and Saviour, Jesus Christ, offer to The Eternal Father in our stead, thy beloved Son, all covered with blood and wounds, for the grace of *(name it)*. Amen.



OUR LADY OF SORROWS



Detail of Our Mother's Tears

This miraculous image of Our Blessed Mother, with the Seven swords through her heart and holding Jesus' Crown of Thorns and three Nails, wept in the Jesuit School of San Gabriel, Quito, Ecuador, on April 29, 1906.

V. O God come to my assistance, *R. O Lord, make haste to help me. Glory be...*

1. The Prophecy of Simeon (Luke 2:34-35)

We grieve for thee, O Mary most sorrowful, in the affliction of thy tender heart at the prophecy of the holy and aged Simeon. Dearest Mother, by thy heart so afflicted, obtain for us the virtue of humility and the Gift of the Holy Fear of God. We thank thee dearest Mother for accepting this daily sword that pierced thy heart, which for the next 33 years fills thee with constant dreadful anticipation for the forthcoming brutalities, atrocities and savagery that Jesus would ultimately suffer in His Passion and death, on that first Good Friday.

Hail Mary... Our Mother of the Sorrowful Heart,* *Pray for us now at the hour of our death. Amen.*

*Our Blessed Mother confided to Bethe Petit, a humble Franciscan Tertiary on March 25, 1912, the following, "...To you I call myself the **Mother of the Sorrowful Heart**. This title, willed by my Son, is dear to me above all others. Accordingly, when it is spread everywhere, there will be granted **graces of mercy, spiritual renewal and salvation**." From The Pieta Booklet, MLOR, LLC, Hickory Corners, MI

2. The Flight into Egypt (Matthew 2:13-14)

We grieve for thee, O Mary most sorrowful, in the anguish of thy most affectionate heart during thy escape into Egypt and thy sojourn there. Dearest Mother, by thy heart so troubled, obtain for us the virtue of generosity, especially towards the poor and the Gift of Piety. We thank thee dearest Mother for accepting this sword filled with frightful uncertainties, apprehensions and browbeaten labors in thy sojourn escape for our salvation.

Hail Mary... Our Mother...

3. The Loss of The Child Jesus in the Temple. (Luke 2:43-45)

We grieve for thee, O Mary most sorrowful, in those anxieties which tried thy troubled heart at the loss of thy dear Jesus. Dearest Mother, by thy heart so full of anguish, obtain for us the virtue of chastity and the Gift of Knowledge. We thank thee dearest Mother for accepting this sword full of worried anxiety and the unsettling sense of loss that knifed through thy heart for our salvation. Hail Mary... Our Mother...

4. The Sorrowful Meeting of Jesus and Mary on His Way to Calvary.

We grieve for thee, O Mary most sorrowful, in the consternation of thy heart at meeting Jesus as He carried His Cross. Dearest Mother, by thy heart so troubled, obtain for us the virtue of patience and the Gift of Fortitude. We thank thee dearest Mother for accepting this sword filled with the agonizing realization of the full extent of thy beloved Son's Passion for our salvation. Hail Mary... Our Mother...

5. The Crucifixion and Death of Our Lord Jesus Christ on the Cross.

We grieve for thee, O Mary most sorrowful, in the martyrdom which thy generous heart endured in standing near Jesus in His agony and death. Dearest Mother, by thy afflicted heart in such wise, obtain for us the virtue of temperance and the Gift of Counsel. We thank thee dearest Mother for receiving this sword that was thrust through thy heart as many times as the nails were hammered through Jesus' hands and feet, for our salvation. Hail Mary... Our Mother...

6. The Taking Down of the Body of Jesus from the Cross.

We grieve for thee, O Mary most sorrowful, in the wounding of thy compassionate heart, when the lance struck

the side of Jesus and pierced His heart before His body was lowered from the Cross. Dearest Mother, by thy heart thus transfixed, obtain for us the virtue of fraternal charity and the Gift of Understanding. **We thank thee dearest Mother for accepting this sword of inconsolable grief that rent thy heart for our salvation.**

Hail Mary... Our Mother...

7. The Burial of Jesus.

We grieve for thee, O Mary most sorrowful, for the pangs that wrenched thy most loving heart at the burial of thy dear Jesus. Dearest Mother, by thy heart sunk in the bitterness of desolation, obtain for us the virtue of diligence and the Gift of Wisdom. **We thank thee dearest Mother, for accepting this sword that filled thy heart with dark clouds of gloom, for our salvation.** Hail Mary... Our Mother...

Let Us Pray

LET INTERCESSION be made for us, we beseech Thee, O Lord Jesus Christ, now and at the hour of our death, before the throne of Thy divine mercy, by the Blessed Virgin Mary, Thine and our Mother, whose compassionate heart was pierced by swords of sorrow since Thy Presentation in the Temple, and finally, in Calvary, her soul was grievously pierced by the bitter sword of Thy agonizing Passion and death; that we who reverently commemorate her sorrows, may worthily obtain the happy effect of Thy Passion. Who livest and reignest in unity with The Father and The Holy Ghost, One God, forever and ever. Amen.

PRAYER FOR THOSE WHO WILL DIE TODAY

Act of Contrition:

☉ MY GOD, I am heartily sorry for having offended Thee. And I detest and confess all my sins, because I dread the loss of Heaven and the pains of Hell. But most of all, because my sins offend Thee and I love Thee, My God, Who art All-Good and deserving of all my love. I firmly resolve, with the help of Thy grace, to confess my sins, to do penance, and to amend my life. Amen. **Our Father...** (1X), **Hail Mary...** (3X)

Our Mother of The Sorrowful Heart, Pray for those who will die today. (7X)

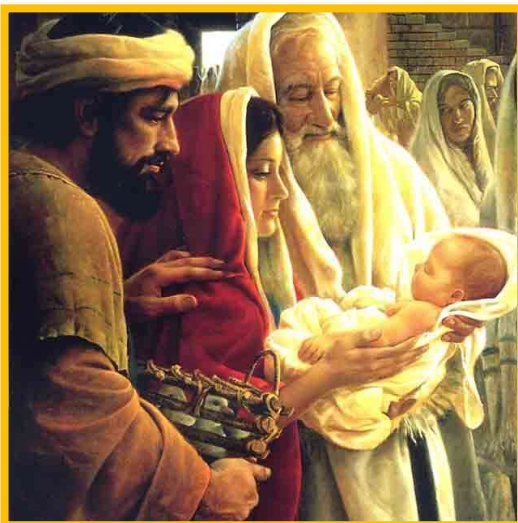
Most Sacred Heart of Jesus, Have mercy on those who will die today. (7X)

7.2.14.2. Devotion in Honor of The Seven Dolors of The Blessed Virgin Mary (Long Form) **F**

The following meditations on this devotion were by the author based on the references below:

1. 'The Life of Mary as Seen by the Mystics' compiled by Raphael Brown, TAN Books P.O. Box 42, Rockford, Ill 61105
2. 'The Dolorous Passion of Our Lord Jesus Christ', Ven. Anne Catherine Emmerich, TAN Books P.O. Box 42, Rockford, Ill 61105
3. 'The Mystical City of God', Ven. Mary of Agreda, TAN Books P.O. Box 42, Rockford, Ill 61105
4. 'Rose Notes: The Passion of Christ, Visions of Veronica Lueken', Our Lady of the Roses, P.O. Box 52, Bayside, NY 11361 (Contrary to Vatican claims, this apparition of Our Blessed Mother from 1970 to the present has never been fully investigated by **any** Church official. This place is a 'great spiritual battleground' between our Blessed Mother and her archenemy, Satan, the father of lies and confusion and the author of all heresies.)

1. THE PROPHECY OF SIMEON (Luke 2:34-35)



The atmosphere around the temple was filled with the festive air of pomp and pageantry. The multitude of families with their first-born are all arrayed in their bright holiday attires, filled with fervent anticipation in presenting their first-born to the God Most High as prescribed in the Scriptures. The Holy Family, Momma Mary, St. Joseph and Jesus were no different from the other families. This is the day of the Lord's recompense, and they were all eager to perform their duty. When their turn came to present Jesus to His Eternal Father, the high priest, Simeon, filled with the Holy Ghost, immediately recognized the Messiah and praised God. Momma Mary was overjoyed upon hearing Simeon's canticle of praise but then his next words of prophesy were like ice water poured over her warm, joy-filled face, *"And thy own soul a sword shall pierce..."* (Luke 2:35).

Immediately, she felt this sharp pointed pain in her heart, like a sword – a sword that would be the daily remembrance for the next 33 years of the suffering and atrocities Jesus would ultimately suffer

on the first Good Friday in order to fulfill the redemptive mission He has to complete for His Eternal Father. What a life! Sorrow reminded to her **24 hours a day, 7 days a week, 365 days a year for the next 33 years**. Who wants to live like this? Who wants to spend 33 years or **12,045 days** sleeping each night and waking up the next day, contemplating, meditating and already living the future suffering and Passion of the Lamb of God? Who wants this kind of life? Only our Momma Mary!

She knows what she is getting into when she said to the Archangel Gabriel, *“be it done to me according to thy word.”* (Lk. 1:38b). She knew that whosoever would be Messiah’s mother would also be part of the Divine salvific plan of opening the doors of Heaven, closed temporarily by the disobedience of the first parents, Adam and Eve. Recalling her years in the temple, she remembers praying to God that she be granted the privilege of being the handmaid of the forthcoming mother of the prophesied Saviour. She recalls her surprise at the appearance of that seraphic angel, Gabriel, who announced that she would actually be the Messiah’s mother, not the handmaid. Her words of acceptance were simple but filled the extreme joy of the realization that she actually is going to be the mother of the Messiah and the ‘handmaid of God’ spoken of in the Scriptures: *“Behold the handmaid of the Lord;”* (Lk. 1:38a)

Endowed by the Holy Ghost with His gifts, beatitudes and fruits since her conception plus augmented by her studies while in the temple for 10 years, she knew the true meaning of the Scriptures, particularly those that pertain to the future horrific sufferings of the Messiah, like: *I have given My body to the strikers, and My cheeks to them that plucked them: I have not turned away My face from them that rebuked Me, and spit upon Me.* (Is. 50:6) *“...there is no beauty in Him, nor comeliness: and we have seen Him, and there was no sightliness, ...Despised, and the most abject of men, a man of sorrows, and acquainted with infirmity: and His look was as it were hidden and despised, whereupon we esteemed Him not. ...and we have thought Him as it were a leper, and as one struck by God and afflicted.”* (Is. 53:2-5) *“For many dogs have encompassed Me: the council of the malignant hath besieged Me. They have dug My hands and feet. They have numbered all My bones.”* (Ps 21:17, 18) *“And they gave Me gall for My food, and in My thirst they gave Me vinegar to drink.”* (Ps 68:22)

With these agonizing thoughts in her heart, she knew her future path would be sorrowful indeed. In addition to this new sword that pierced her heart, she had been burdened by the ostracism and ridicule by those who insulted her vow of virginity⁴. A virgin with child? Since her pregnancy she had to put up with quizzical looks and whisperings about her physical changes. Who could understand what was privileged to by her Creator – to be the mother of His Son, the prophesied Messiah and that she would still remain a virgin? In this ceremonial presentation and her own purification, she had to bear the sacrifice of her reputation being sullied. Words like: *‘If you’re a virgin, how could you give birth, and still be a virgin thereafter? Purification returns your virginity?’*

So her day of joy just turned to sorrow. This is another reminder to her of God’s providential work – the contrast of things throughout the universe. With joy, sorrow is always its accompanying counterbalance; so are the mutual contrasts of happiness and sadness, wealth and poverty, ease and difficulty, beauty and ugliness, suffering and comfort, good and evil, life and death, reward and punishment, Heaven and Hell; each of which accomplishes His will. *“All things are double, one against another, and He hath made nothing defective”*. (Ecc’cus 42:25).

Henceforth, for the next 33 years, our Blessed Virgin Mother would carry this sword in her heart – the dreadful anticipation of the future brutality, atrocities and savagery that Jesus would undergo in His forthcoming Passion. Whenever she passes by some flock of sheep, she felt a sort of kinship with the shepherds lovingly raising, caring and nurturing a prized, spotless lamb for the holocaust of the Passover. Surely, she has become the caretaker of the only Sacrificial Lamb, the Holocaust that matters most in God’s salvific plan. What a great and grave responsibility! So for the next thirty three years, Mary, the second Eve and second mother of all mankind, would seem to carry the burden of expiating the sin of Eve, the first mother who brought sin and death into this world, by carrying this sword in her heart till the Resurrection of her beloved Son.

Thank you, Momma Mary, for carrying this sword for 33 years in thy loving heart for our salvation.

Hail Mary... Our Mother of the Sorrowful Heart, Pray for us now at the hour of our death. Amen.

2. THE FLIGHT INTO EGYPT. (Matthew 2:13-14)

The angel came suddenly in the middle of the night to inform St. Joseph that the Child Jesus has to be saved for Herod’s men were out to slay Him. It might have been a moonless night; it has to be cold – how do the Holy Family prepare for this? There is no preparation, like any family fleeing from savage killers, they grabbed what they can and left hurriedly. No food or enough clothing or necessary provisions for a long journey. The darkness, the cold, the foreboding desert, the long journey through the unknown, all these add up to difficulty and misery of escaping into Egypt. Memories of that cold, lonely night searching for a home and being driven



⁴Avowed virgins during that era were properly and conspicuously attired. As such, they are like a sore thumb sticking out from a crowd. So the mockery, such as, “A virgin? With child? How could it be? What gall to profess virginity and dress like one!?”, were constant. These comments hurt her so much.

away in Bethlehem before the birth of Jesus, swiftly came to her. This night seems colder than that night though. The thought that the Infant-God has to traverse the big expanse of the desert towards Egypt gives her the shudders, but she told herself that she has to trust her God that this is His will, and His designs are always noble and righteous. By His mercy and grace, they will make it and save her beloved Son. Another sword pierced our Blessed Virgin Mother's heart – the sword of fearfully escaping one's murderous enemies without any provisions or sustenance under the most extreme situation and environment. How could one bear this tribulation at age 15? While other young girls of the same age are just starting to enjoy their ripening into womanhood, here was the chaste young virgin with Child, trying to save her beloved Son's life through the cold, desolate and unforgiving desert. Momma Mary herein shows the docility and extreme patience needed to obey God's will. Then settling in various regions of Egypt, she and her Son, the King of kings and of all nations are now aliens in the land of the pharaohs, subject to discrimination, ostracism, unfair labor practices and inhumane treatment.

Thank you, Momma Mary, for accepting this sword, filled with frightful apprehensions, uncertainties and difficulties through thy heart for our salvation. *Hail Mary... Our Mother...*

3. THE LOSS OF THE CHILD JESUS IN THE TEMPLE. (Luke 2:43-45)



Exhilarated by the festivities that just finished in the temple, the Holy Family joined the caravan returning home to Nazareth. Momma Mary thought Jesus was with St. Joseph; he thought the other way too! Three days journey to the way home, they saw each other and realized that Jesus was with neither one of them, they immediately searched for Him. Jesus, her Beloved Son, her God is gone! While searching for Jesus and making inquiries among other travelers, not too many would stop and listen to her while she searches for her Son. Mankind has always been this way from the fall of the first parents – people are more concerned with their own affairs and concerns, than the affairs of others especially of God.

Another sword stuck into her heart – the sword of nervous anxiety in the loss of a child, especially, the Child-God. Knowing Jesus is God, and is All-Wise, consoles her but the loss of a missing loved one would be hard to bear. Is there a loving and caring mother out there who could not empathize with her for her Loss? Did she know that this would be repeated again in 21 years? Worried anxiety and unsettling

sense of loss was like a sword knifing through her heart.

Thank you, Momma Mary, for accepting this sword through thy heart for our salvation.

Hail Mary...Our Mother...

4. THE MEETING OF JESUS AND MARY ON THE WAY TO CALVARY.

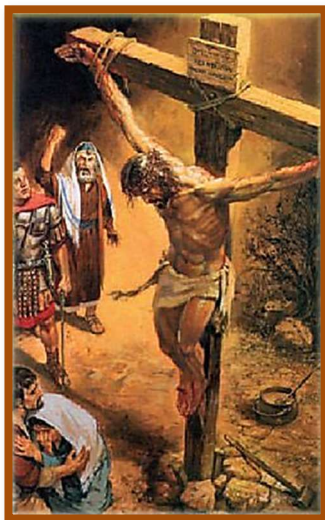
It has been almost 10 hours since they took her Son from the Garden of Olives; now she would see Him when He passes by on the way to Calvary. But wait, that Figure leading the parade of prisoners bearing crosses, Who is He? “Is this my Son, the Child I loved?” – she thinks to herself. “My Son, my Son, what have they done to Thee?!” she shouts within her heart. His face was swollenly unrecognizable; randomly scattered lumps, bruises and cuts covered His face. Both His jaws were broken; His lumpy face was pasted with blood, dust and spittle. A leper's face looks more acceptable than His! His blood-soaked clothes was a jumbled mosaic of fresh and dry blood, soil, dried mud, wood splinters from the cross and more spittle. The deafening crescendo of shouts and expletives, blows, kicks, spits and stones, directed toward her Son, was too much to hear, watch and bear. She had to fight hard to avoid fainting at the brutality of the scene she was witnessing. The words of Scripture pales to the reality of the atrocities she was witnessing in front of her. “O humanity, how could you subject your God to such derision?!” she cries to herself. This sword is more painful than the earlier ones. But our Mother could not prepare herself for the next ones to come. For now, this sword almost took her life away.

Thank you, Momma Mary, for accepting this sword of the agonizing reality of the Passion of Jesus through thy heart for our salvation. *Hail Mary...Our Mother...*

5. THE CRUCIFIXION (AND DEATH OF OUR LORD JESUS CHRIST ON THE CROSS).

When they reached Calvary, the brutal executioners violently tore off Jesus' clothes, which was glued to His wounds by the dried blood, and refreshed His wounds from the scourging again. Blood oozed out from His body





like liquid from a wine press. The witnesses were so surprised at His meekness. Surely, an ordinary human would have yelled in pain at this painful disrobing. Mary was a whimper heard from Him. Our Blessed Mother could hardly contain herself at this new atrocity inflicted on her Son.

Then they laid down the Cross on the ground. “How come there were no ropes to tie Him up on the cross He is carrying?” she thinks to herself. They have large newly machined spikes. Maybe the spikes are for holding the cross to the ground. But wait! They are going to impale Him on His cross with those spikes! They are impaling His hands and feet to the Cross! Each blow of the mallet on each spike felt like her heart was being pierced and pounded! The sound of the spikes penetrating the wood of the cross through the crunching sound of fracturing bones was so hard to bear! Blood squirted from His hands and feet like wine from a punctured full wineskin! How could our Blessed Mother bear up to this! Thirty-three years ago she was reminded by Simeon, the high priest, of her future sufferings. Was that a long enough time to prepare for this? She knows that no time is enough to prepare for such an atrocious injury inflicted to her heart, especially to her Son.

Then they raised up the cross and stood it up on a pre-dug hole. Looking up she saw her Son shaking, twitching and trembling like a fading lamb in the last throes of life. The Divine Paschal Lamb of God looks worse than all the holocausts offered in the temple during her stay there. Having observed her Divine Son’s suffering and Passion, she became conscious of the incomplete, uncomensatory worth of all the expiatory holocausts sacrificed in the temple through the centuries to offer reparation to our offended Creator. The Divine salvific plan would take only the holocaust of her beloved Son, The Man-God, to tear down the solid, almost impenetrable wall that Adam’s sin has placed between God and man, Heaven and Earth; and open up the gate of God’s kingdom to mankind once again. When He breathed His last breath and gave up His soul, she felt like her soul went with Him from this earth. Her exemplary faith and hope in God’s mercy and love for Him, carries her through on this most horrible hour.

Thank you, dearest Mother, for accepting this sword that stabbed thy heart as many times as the nails were hammered through Jesus’ hands and feet during His crucifixion, for our salvation. *Hail Mary... Our Mother...*

6. THE TAKING DOWN OF THE BODY OF JESUS FROM THE CROSS.

They did not break His legs because He is already dead. But what is that centurion doing with that spear? No! He is thrusting it into His side. What horrible, brutal savagery and lack of respect for the dead! Blood and water gushed forth from His opened side! The Divine blood, the Eucharistic drink and refreshment of souls spills earthward! For the first time and maybe the only time, the Divine water of life, coming from God Himself, which was promised by God through the prophets to purify mankind of its sins, gushes forth physically and in view of the witnesses of the Crucifixion! The centurion was drenched with this emulsion of Divine Unction from head to toe.

The Divine Unction only Christ could give immediately shows its miraculous, curative and conversion powers. Half-blind since birth, the centurion shouted, “I can see!” He immediately knelt and acknowledged Jesus’ Divinity and begs for forgiveness for his atrocious act before the dead body of Jesus. He was immediately converted (later in his life, Longinus, the centurion would die a martyr’s death for the Man-God he pierced!)

The Blessed Virgin Mary, our grieving mother saw all the miracle of the centurion’s conversion and future martyrdom. And the perfect masterpiece of God’s creation – the pure Virgin Mother of God, was drenched too! She received this blood and water not because she needed it for herself but her to dispose of for our salvation, literally and figuratively. With the help of the other disciples around the Cross, they collected all of the Divine Unction in flasks and wiped off the remainder with linen. This reminded her of her clean-up work in the temple after each holocaust offering. Tears flowed freely from her reddened eyes, trying to look up to her Son, The Lamb of God. Then while they were removing the nails from Jesus’ hands, His body slipped downward towards her. She with the help of the other disciples caught Him in her arms and laid His dead, mutilated body on her lap. Her human nature briefly surfaced and almost decrying the 33 years of sorrowful burden she had carried, climaxed by this almost unbearable Passion she went through with her Son, she cried to herself, “If I had only known!?” But catching herself and remembering that she agreed to be the mother of the Paschal Lamb of God together with the sorrows and suffering that go with this responsibility.

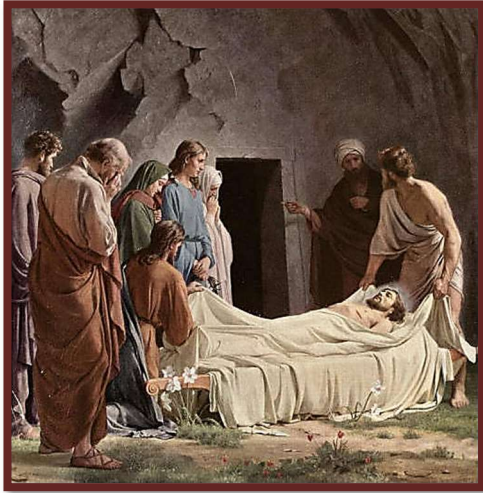


she immediately whispered, “But Thy will be done, my Lord and my God! Thy will be done!” Thus, together with her Son’s fiat statement in Gethsemane, she affirmed that the will of God is paramount over all things; and complete obedience to His will is tantamount to salvation. Then she slumped almost unconscious over her dead Son’s body.

Such docile obedience is what pleases our Eternal Father. Let’s follow Jesus and Mary in this prime example of child-like obedience that we may gain God’s love and mercy.

Thank you, Momma Mary, for accepting this sword of inconsolable grief that rent thy heart for our salvation. *Hail Mary... Our Mother...*

7. THE BURIAL OF JESUS.



After lovingly cleaning Jesus’ dead body, they wrapped Him with new linen together with a hundred pounds of herbs and aloes. They laid Him in the new tomb and closed the opening with a big rock. She knows through the scriptures and by Jesus telling her, that He would rise from the dead on the third day. But how could she wait for another three days after seeing all the brutality and savagery He had to absorb to complete His mission. She reminded herself of that day in Jerusalem 21 years ago when she lost Him for three days. But this three-day wait is different. She could not wait to see Him alive and well again.

Oh what anxious anticipation and desolation our Mother has to bear. Again, her obedient docility keeps her going and allows her to patiently wait for her Son to appear to her in His resurrected glory. This we should also emulate, for God is generous and loving of those who wait on Him.

Thank you, Momma Mary, for accepting this sword of anxious desolation and gloomy loneliness through thy heart for our salvation. *Hail Mary...Our Mother...*

☉ MOTHER of The SORROWFUL HEART, your mission is now complete; the reality of Simeon’s prophecy has fully materialized in the sword-pierced rendering of your heart. O what great suffering you had to bear! O what great sorrow you have bottled within your sword-laced heart! Surely the plenitude of graces and virtues endowed on you by the Blessed Trinity was well-deserved and you did certainly earn them. O what privilege we are to be your children, beneficiaries of your co-redemptive work with Jesus.

O sorrow, our Mother’s lifetime companion, you are now conquered by our Blessed Mother’s love for us! And with Jesus, she has gained for us, the joy of the re-opening of the kingdom of Heaven. Thank you so much Momma Mary for all that you have done for us! Obtain for us your children, reliant on thy unceasing protection and intercession, the graces necessary for us to obey God’s will in all things, always and everywhere that we be able to please Him as you did. Thank You, Jesus, our Saviour and Redeemer, thank You Abba, our Eternal Father and thank You, the Holy Ghost, our mother’s Spouse, for giving us so great a mother who gave and would give her all to help save us, Thy children. Amen.

Litaniae Dominae Nostrae Dolorum

Litany of Our Lady of Sorrows¹¹³

This Litany was composed in Latin by Pope Pius VII in 1809 during his captivity under Napoleon (‘*The Golden Manual*’, 1870).

Kyrie eleison, *Christe, eleison.*
 Kyrie eleison. *Kyrie eleison.*
 Christe, audi nos, *Christe, exaudi nos.*
 Pater de caelis, Deus, *Miserere nobis.*
 Filii, Redemptor mundi, Deus,
 Spiritus Sancte Deus,
 Sancta Trinitas, unus Deus,
 Sancta Maria, *Ora pro nobis.*
 Sancta Dei Genetrix,
 Sancta Virgo virginum,
 Mater crucifixa,
 Mater dolorosa,
 Mater lacrimosa,
 Mater afflicta,

Lord have mercy on us, *Christ, have mercy on us.*
 Lord, have mercy on us. *Lord, have mercy on us.*
 Christ hear us, *Christ, graciously hear us.*
 God the Father of heaven, *Have mercy on us.*
 God the Son, Redeemer of the world,
 God the Holy Spirit,
 Holy Trinity, one God,
 Holy Mary, *Pray for us.*
 Holy Mother of God,
 Holy Virgin of virgins,
 Mother crucified
 Mother sorrowful,
 Mother tearful,
 Mother afflicted,

Mater derelicta,
 Mater desolata,
 Mater filio orbata,
 Mater gladio transverberata,
 Mater aerumnis confecta,
 Mater angustiiis repleta,
 Mater cruci corde affixa,
 Mater maestissima,
 Fons lacrimarum,
 Cumulus passionum,
 Speculum patientiae,
 Rupes constantiae,
 Ancora confidentiae,
 Refugium derelictorum,
 Clipeus oppressorum,
 Debellatrix incredulorum,
 Solatium miserorum,
 Medicina languentium,
 Fortitudo debilium,
 Portum de disperditur,
 Sedatio procellarum,
 Recursus maerentium,
 Terror insidiantium,
 Thesaurus fidelium,
 Oculus Prophetarum,
 Baculus Apostolorum,
 Corona Martyrum,
 Lumen Confessorum,
 Margarita Virginum,
 Consolatio Viduarum,
 Laetitia Sanctorum omnium,

*V. Agnus Dei, Qui tollis peccata mundi,
 R. Parce nobis, Iesu.*

*V. Agnus Dei, Qui tollis peccata mundi,
 R. Exaudi nobis, Iesu.*

*V. Agnus Dei, Qui tollis peccata mundi,
 R. Miserere nobis, Iesu.*

Respice super nos, libera nos, salva nos ab omnibus angustiiis in virtute Iesu Christi. Amen.

Scribe, O Mater carissima, vulnera tua in cordibus nostris, ut in eis legam dolorem et amorem: dolorem, ad sustinendum per te omnem dolorem: amorem, ad contemnendum per te omnem amorem.

Credo, Salve Regina, et ter Ave Maria.

Mother forsaken,
 Mother desolate,
 Mother bereft of thy Son,
 Mother pierced with a sword,
 Mother consumed with grief,
 Mother filled with anguish,
 Mother crucified in heart,
 Mother most sad,
 Fountain of tears,
 Mass of suffering,
 Mirror of patience,
 Rock of consistency,
 Anchor of confidence,
 Refuge of the forsaken,
 Shield of the oppressed,
 Subduer of the unbelieving,
 Comfort of the wretched,
 Medicine of the sick,
 Strength of the weak,
 Harbor of the wrecked,
 Allay of tempests,
 Resource of mourners,
 Terror of the treacherous,
 Treasure of the faithful
 Eye of the prophets,
 Staff of Apostles,
 Crown of martyrs,
 Light of Confessors
 Pearl of Virgins,
 Consolation of widows,
 Joy of all Saints,

*V. Lamb of God, Who takes away the sins of the world,
 R. Spare us, O Jesus.*

*V. Lamb of God, Who takes away the sins of the world,
 R. Graciously hear us, O Jesus.*

*V. Lamb of God, Who takes away the sins of the world,
 R. Have mercy on us, O Jesus.*

Look down upon us, dearest Mother, deliver us from all trouble in the power of Jesus Christ. Amen

Imprint, O dearest Mother, thy wound upon our hearts, that I may read therein sorrow and love: sorrow, to endure every sorrow for thee; love, to despise every love for thee.

Creed, Hail Holy Queen, 3 Hail Mary's

7.2.15. Novena To Our Mother of Perpetual Help¹¹⁴W

IMMACULATE MOTHER

IMMACULATE Mother, we come at thy call
 And lo! At thy altar, before thee we fall
 Ave, ave, ave, Maria; *(Repeat)*

IN GRIEF and temptation, in joy and in pain
 We'll seek thee our Mother, nor seek thee in vain
 Ave, ave, ave, Maria; *(Repeat)*

PERPETUAL HELP HYMN

O MOTHER of Perpetual Help
 To thee we come imploring help.
 Behold us here, from far and near,
 To ask of thee our help to be.
 PERPETUAL HELP we beg of thee;
 Our souls from sin and sorrow free;

Direct our wandering feet aright,
 And be thyself our own true light.
 AND WHEN this life is o'er for me,
 This last request I ask of thee:
 Obtain for me in Heaven this grace,
 To see my God there face to face.



OUR MOTHER OF PERPETUAL HELP

(The Restored Icon)

Prayer in Spiritual Wants

☉ MOTHER of Perpetual Help, with the greatest confidence, we come before thy sacred Picture in order to invoke thine aid. Thou hast seen the wounds which Jesus has been pleased to receive for our sake; thou hast seen the Blood of thy Son flowing for our salvation; thou knowest how thy Son desires to apply to us the fruits of His Redemption. Behold, we cast ourselves at thy feet, and pray thee to obtain for our souls the graces we stand so much in need of. O Mary, most loving of all mothers obtain for us from the Heart of Jesus, the Source of every good these graces (*here mention them*). O Mother of Perpetual Help, thou desirest our salvation far more than we ourselves: thy Son has given thee to us for our Mother; thou hast thyself chosen to be called Mother of Perpetual Help. We trust not in our merits, but in thy powerful intercession; we trust in thy goodness; we trust in thy motherly love. Mother of Perpetual Help for the love thou bearest for Jesus, thy Son and our Redeemer, for the love of thy great servant Alphonsus,¹¹⁵ for the love of our souls, obtain for us the graces we ask from thee. Amen. Ave... (3X)

MOTHER DEAR, OH PRAY FOR ME

MOTHER Dear, O pray for me!
 Whilst far from heaven and thee,
 I wander in a fragile bark,
 O'er life's tempestuous sea.
 O Virgin Mother, from thy throne,
 So bright in bliss above.
 Protect thy child and cheer my path
 With thy sweet smile of love.

Refrain

*Mother dear, O pray for me!
 And never cease thy care,*

*'Till in heaven eternally,
 Thy love and bliss I share.*

MOTHER Dear, O pray for me!
 Should pleasure's siren lay.
 E'er tempt thy child to wander far
 From virtue's path away.
 When thorns beset life's devious way,
 And darkling waters flow.
 Then Mary aid thy weeping child,
 Thyself a mother show.

Refrain

Prayer in Temporal Wants

☉ MOTHER of Perpetual Help, numerous clients continually surround thy holy Picture, all imploring thy mercy. All bless thee as the assured help of the miserable; all feel the benefit of thy motherly protection. With confidence, then, do we present ourselves before thee in our misery. See, dear Mother, the many evils to which we are exposed; see how numerous our wants are. Trials and sorrows often depress us; reverses of fortune and privations, often grievous, bring misery into our lives; everywhere we meet the cross. Compassionate Mother, have pity on us and on our dear ones, especially in this our necessity (*here mention it*). Help us dear Mother, in our distress; deliver us from all our ills; or, if it be the will of God that we should suffer still longer, grant that we may endure all with love and patience. These graces we expect of thee with confidence, because thou art our Perpetual Help. Amen.

Ave... (3X)

MOTHER DEAREST, MOTHER FAIREST

MOTHER Dearest, Mother fairest
Help of all who call on thee,
Virgin purest, whitest, rarest,
Help us, help, we cry to thee.

Refrain
Mary help us, help, we pray;
Mary help us, help, we pray;

Help us in all care and sorrow,
Mary Help us, help, we pray.

LADY, help in pain and sorrow,
Soothe those racked on bed of pain.
May the golden light of 'morrow
Bring them health and joy again.

Refrain

Prayer for Graces of Salvation

☉ **MOTHER** of Perpetual Help, thou art the dispenser of all the goods which God grants to us miserable sinners, and for this reason, has He made thee so powerful, so rich, so bountiful, that thou mayest help us in our misery. Thou art the advocate of the most wretched and abandoned sinners who have recourse to thee; come, then, to our help, dearest Mother, for we recommend ourselves to thee. In thy hands, we place our eternal salvation and to thee do we entrust our souls. Count us among thy most devoted servants; take us under thy protection, and it is enough for us; for, if thou protect us, dear Mother, we fear nothing: not from our sins, because thou wilt obtain for us the pardon of them; nor from the devils, because thou art more powerful than all Hell together; nor even from Jesus, our Judge Himself, because, by one prayer from thee, He will be appeased. But one thing we fear; that, in the hour of temptation, we may neglect to call on thee, and thus perish miserably. Obtain for us, then, the pardon of our sins, love for Jesus, final perseverance, and the grace always of having recourse to thee, O Mother of Perpetual Help. *Ave...* (3X)

V. Thou hast been made for us, O Lady, a refuge. *R. A helper in need and tribulation.*

Let us Pray

☉ **LORD** Jesus Christ, Who hast given us Thine own Mother Mary, whose glorious image we venerate, to be a Mother ever ready to help us; grant, we beseech Thee, that we who constantly implore her help may merit always to experience the fruits of Thy redemption, Thou Who livest and reignest with the Father and the Holy Ghost, one God, world without end. Amen.

HAIL, HOLY QUEEN ENTHRONED ABOVE

HAIL, HOLY Queen enthroned above, O Maria.
Hail, mother of mercy and of love, O Maria.
Triumph all ye, Cherubim,
Sing with us ye, Seraphim,
Heaven and earth resound the hymn:
Salve, salve, salve Regina!

THE CAUSE of joy to men below, O Maria.
The spring through which all graces flow, O Maria.
Angels, all your praises bring,
Earth and heaven with us sing,
All creation echoing:
Salve, salve, salve Regina!

Prayer of St. Alphonsus

MOST HOLY and Immaculate Virgin and our Mother, Mary, to thee who art the Mother of our Lord, the Queen of the world, the Advocate, the Hope, and the Refuge of sinners, we have recourse today, we who are the most miserable of all. We render thee our most humble homage, O Great Queen, and we thank thee for all the graces thou hast obtained for us until now, and in particular for having saved us from hell which we have so often deserved. We love thee, O most amiable Lady; and for the love which we bear thee, we promise to serve thee always and to do all in our power to make others also love thee. We place in thee all our hopes and we confide our salvation to thy care. Accept us for thy servants and receive us under thy mantle, O Mother of Mercy. And since thou art so powerful with God, deliver us from all temptations, or rather, obtain for us the strength to triumph over them till death. Of thee we ask a perfect love for Jesus Christ; through thee we hope to die a good death. O our Mother, by the love which thou bearest to God, we beseech thee to help us at all times, especially at the last moment of our lives. Leave us not, we beseech thee, until thou seest us safe in Heaven, blessing thee and singing thy mercies for all eternity. Amen, so we hope, so may it be.

ON THIS DAY, O BEAUTIFUL MOTHER

Refrain:
On this day, O beautiful Mother,
On this day we give thee our love.
Near thee, Madonna, fondly we hover,
Trusting thy gentle care to prove.

ON THIS day we ask to share,
Dearest Mother, thy sweet care.
Aid us ere our feet astray
Wander from thy guiding way. *Refrain*

QUEEN of angels, deign to hear
Lisping children's humble prayer,

Young hearts gain, O virgin pure,
Sweetly to thyself allure. *Refrain*

Act of Consecration *(Once a month, preferably the 1st Wednesday)*

DESIRING TO consecrate ourselves entirely to the service of the ever-Blessed Virgin Mary, from whom, after God, we expect all help and assistance in life and in death, we unite ourselves with the members of this pious confraternity,¹¹⁶ which has been established in honor of Our Mother of Perpetual Help.

As our special patron, we choose the glorious St. Alphonsus, that he may obtain for us a true and lasting devotion to the ever-Blessed Virgin, who is honored by so sweet a name.

We promise, moreover, to renew this consecration to the Mother of God and to St. Alphonsus, once a month and frequently to receive the holy sacraments.

O Mother of Perpetual Help, receive us as thy servants, and grant that we may ever experience thy constant motherly protection. We promise to have recourse to thee in all our spiritual and temporal necessities. Our holy patron, St. Alphonsus, obtain for us the grace of an ardent love for Jesus Christ, and the grace of ever invoking our Mother of Perpetual Help. Amen.

MOTHER OF CHRIST

MOTHER OF CHRIST, Mother of Christ
What shall I ask of thee?
I do not sigh for the wealth of earth
For the joys that fade and flee, but
MOTHER OF CHRIST, Mother of Christ
This do I long to see
The bliss untold which thine arms enfold
The treasure upon thy knee.

MOTHER OF CHRIST, Mother of Christ
I toss on a stormy sea,
Oh lift thy Child as a beacon light
To the port where I fain would be, and
MOTHER OF CHRIST, Mother of Christ
This do I ask of thee,
When the voyage is o'er, O stand on the shore
And show Him at last to me.

Act of Thanksgiving

LORD JESUS Christ, truly present in the Most Blessed Eucharist, we adore Thee. It has pleased The Eternal Father that in Thee all His fullness should dwell and that through Thee He should reconcile all things to Himself. Grant us the grace to be truly grateful for all that our Father has done for us. Grant that we may be truly sorry for our sins and do perfect penance for them.

Through Thee, we thank The Eternal Father for the gift of life. He has created all the wonderful things of this world for us. May we use them well so that through them we may be able to return Him profit, pleasure, joy and happiness in having created us.

Above all, we thank our Eternal Father for sending Thee to us as the greatest expression of His love for us, to save us and all of mankind by Thy death and resurrection.

We thank Thee, Lord, for giving us Thy own Mother to be our Mother of Perpetual Help. May the countless favours we have received through her intercession, especially through this novena, inspire us to greater confidence in God's loving mercy and her perpetual help. Grant that we may always do the Will of God and persevere in His love.

To The Most Holy Trinity, The † Father, The Son and The Holy Ghost, be honour, glory, praise and thanksgiving forever and ever. Amen.

HOLY GOD, WE PRAISE THY NAME

HOLY GOD, we praise Thy Name
Lord of all, we bow before Thee
All on Earth, Thy scepter claim
All in Heaven above, adore Thee
Infinite Thy vast domain
Everlasting is Thy reign;
Infinite Thy vast domain
Everlasting is Thy reign.

HARK The loud celestial hymn
Angel choirs above are raising:
Cherubim and Seraphim,
In unceasing chorus praising,
Fill the heavens with sweet accord,
Holy, Holy, Holy Lord;
Fill the heavens with sweet accord,
Holy, Holy, Holy Lord;

7.2.16. Consecrations To Our Blessed Virgin Mother

7.2.16.1. Consecration to Jesus Christ, The Wisdom Incarnate, Through The Hands of Our Blessed Virgin Mother, Mary (By St. Alphonsus Di Liguori)¹¹⁷ **Sat.**

ETERNAL AND INCARNATE WISDOM, most lovable and adorable Jesus, True God and True Man, only Son of The Eternal Father and of Mary always Virgin, I adore Thee profoundly, dwelling in the splendour of Thy Father from all eternity and in the virginal womb of Mary, Thy most worthy Mother, at the time of Thine Incarnation.

I thank Thee for having emptied Thyself in assuming the condition of a slave to set me free from the cruel slavery of the evil one. I praise and glorify Thee for having willingly chosen to obey Mary, Thy Holy Mother, in all things, so that through her I may be a faithful slave of love. But I confess that I have not kept the vows and promises which I made to Thee so solemnly at my baptism. I have not fulfilled my obligations, and I do not deserve to be called Thy child or even Thy loving slave.

Since I cannot lay claim to anything except what merits Thy rejection and displeasure, I dare no longer approach the holiness of Thy majesty on my own. That is why I turn to the intercession and the mercy of Thy holy mother, whom Thou Thyself have given me to mediate with Thee. Through her I hope to obtain from Thee contrition and pardon for my sins, and that wisdom whom I desire to dwell in me always.

I turn to thee then, Mary Immaculate, living tabernacle of God, in whom Eternal Wisdom willed to receive the reverence of both men and angels. I greet thee as Queen of Heaven and Earth, for all that is under God has been made subject to thy sovereignty. I call upon thee, the unfailing Refuge of sinners, confident in thy mercy that has never forsaken anyone. Grant my desire for Divine Wisdom and, in support of my petition, accept the promises and the offering of myself which I now make, conscious of my unworthiness.

I, an unfaithful sinner, renew and ratify today, through thee my baptismal promises. I renounce forever Satan, his empty promises, and his evil designs, and I give myself completely to Jesus Christ, the Incarnate Wisdom, to carry my cross after Him for the rest of my life, and to be more faithful to Him than I have been till now. This day with the whole court of heaven as witness, I choose thee, Mary, as my Mother and Queen. I surrender and consecrate myself to thee, body and soul, with all that I possess, both spiritual and material, even including the spiritual value of all my actions, past, present and to come. I give thee the full right to dispose of me and all that belongs to me, without any reservations, in whatever way thou pleases, for the greater glory of God in time and throughout eternity. Accept, gracious Virgin, this little offering of my slavery to honour and imitate the obedience which Eternal Wisdom willingly chose to have towards thee, His Mother. I wish to acknowledge the authority which both of Thee have over this little worm and pitiful sinner. By it I wish also to thank God for the privileges bestowed on thee by the Blessed Trinity. I solemnly declare that for the future, I will try to honour and obey thee in all things as thy true slave of love. O admirable Mother, present me to thy dear Son as His slave now and forever, so that He Who redeemed me through thee, will now receive me through thee.

Mother of Mercy, grant me the favour of obtaining the true Wisdom of God, and so make me one of those whom thou lovest, teach and guide, whom thou nourish and protect as thy child and slave. Virgin most faithful make me in everything so committed a disciple, imitator and slave of Jesus, thy Son, Incarnate Wisdom, that I may become, through thy intercession and example, fully mature with the fullness which Jesus possessed on Earth, and with the fullness of His glory in Heaven. Amen.

7.2.16.2. Act of Consecration To The Immaculate Heart of Mary (By St. Louis De Montfort) **S**

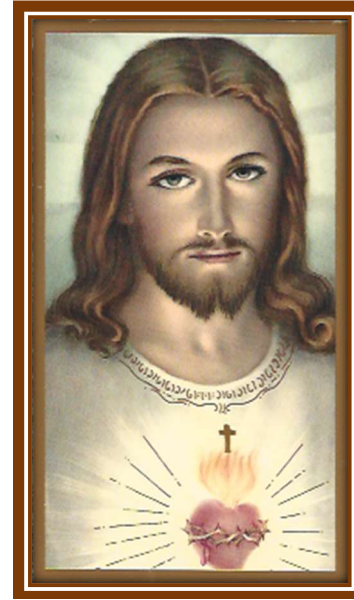
This consecration is actually a renewal of baptismal promises and a consecration to Our Lord through the Blessed Virgin Mary. It is more than simply a prayer; by making this consecration a person embarks on a complete program of life, which St. Louis De Montfort calls a way of salvation and holiness which is short, easy, secure and perfect. St. Louis recommends a period (12 days plus three weeks) of prayers, readings and spiritual exercises in preparation for making this consecration. (This is explained in his spiritual classic, "True Devotion to Mary").

I, (*Name*), a faithless sinner, renew and ratify today in thy hands, O Immaculate Mother, the vows of my Baptism, I renounce forever Satan, his pomps and works; and I give myself entirely to Jesus Christ, the Incarnate Wisdom, to carry my cross after Him all the days of my life and to be more faithful to Him than I have ever been before. In the presence of all the heavenly court, I choose thee this day for my Mother and Mistress. I deliver and consecrate to thee, as thy slave, my body and soul, my goods, both interior and exterior, and even the value of all my good actions, past, present, and future; leaving to thee the entire and full right of disposing of me, and all that belongs to me, without exception, according to thy good pleasure, for the greater glory of God, in time and in eternity. Amen.

7.2.16.3. Solemn Act of Consecration to The Sorrowful and Immaculate Heart of Mary¹¹⁸ **F**



OUR LADY of OLLIGNIES
SORROWFUL AND IMMACULATE HEART OF MARY
Pray for us and save us.



The MOST SACRED HEART of JESUS
SACRED HEART OF JESUS, Have pity on us

In the picture above, Our Lady is crowned as Queen and dressed in beautiful royal blue robes lined with gold. In her left hand she holds a tri-flowered white lily, symbolizing the Holy Trinity and her Immaculate Purity, as she is also known as 'The White Lily of the Glorious and always-serene Trinity'. The red robe symbolizes her virginity. In her sweet face you can see both her pain and her gentle love. Her heart encircled with thorns and pierced through with a sword representing her great sorrows. She points to her poor heart totally consumed with the flames of Divine Love for her Son and all her children. (Imprimatur † ~ Bishop of Tournai)

☉ **LORD JESUS**, Who on Calvary and in the Holy Eucharist hast shown Thyself to us as God of Love and Mercy, kneeling humbly at Thy feet we adore Thee and beg once more for Thy forgiveness and Thy divine pity. And remembering that by Thine own act on Calvary, the human race, represented by Thy beloved disciple John, gained a Mother in the Virgin of Sorrows, we desire to honour the sufferings and woes of our Mother's Heart by devoting ourselves to it in solemn Consecration.

It is but just O Mary, that our souls should strive henceforth to venerate thee with special homage under the title of Thy Sorrowful Heart, a title won by sharing in the whole Passion of thy Son and thus cooperating in the work of our redemption – a title due to thee in justice, and dear, we believe, to Jesus and to thine own Heart, torn by the wound in His. We consecrate therefore, O Mary, to thy Sorrowful and Immaculate Heart: ourselves, our families, all those for whom the Lord willest we should pray for and knowest we ought to pray for, for our country and those who are fighting for its honour. Have pity on us; see our tribulations, and the anguish of our hearts in the midst of the mourning and calamities that lay waste the world. Deign, O Mother of God, to obtain mercy for us that, being converted and purified by sorrow, and made strong in faith, we may henceforth be devoted servants of Jesus Christ and His Church, for whose triumph we pray. O Mary Immaculate, we promise to be faithful clients of thy Sorrowful Heart. Intercede for us, we beseech thee, with thy Son, that at the cry of thy Sorrowful and Immaculate Heart, His divine Power may speedily bring to pass the triumph of right and justice. Amen.

7.2.17. Prayer to Our Lady of Guadalupe



☉ **OUR LADY OF GUADALUPE**, the Mother of the Americas, to thee I consign the salvation of my brothers, my relatives, my in-laws and their families, especially my Apos; their closest friends and their families. Please obtain for them God's mercy and grace that our Lord Jesus Christ may cleanse them with His Precious Blood – to wash away their sinful natures and make them true and faithful servants of God that they may always serve, adore and love God with all their strength, minds, bodies and souls, be docile to His will and be protected from the wickedness and snares of the infernal enemy always and everywhere – that they all could make it to God's kingdom when their earthly sojourn is finally over. Amen.

Three Hail Mary's; Our Lady of Guadalupe, Pray for them now till the hour of their death. Amen. (5X)

7.2.17.1 Prayer to The Madonna of the Americas¹¹⁹

OUR LADY OF GUADALUPE, Mystical Rose, make intercession for Holy Church; protect our Most Reverend Bishop, help all those who invoke thee in their necessities; and since thou art the ever Virgin Mary, and Mother of the true God, obtain for us from thy most Holy Son, the grace of keeping our faith, sweet hope in the midst of the bitterness of life, burning charity, and the precious gift of final perseverance and a holy death. Amen.

7.2.17.2 Prayer to Our Lady of Guadalupe, Patroness of the Captive Nations¹²⁰

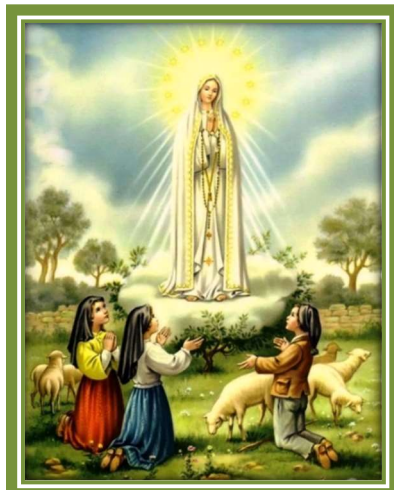
OUR LADY OF GUADALUPE, patroness and advocate of the humble and oppressed, we commend to thee ourselves and all the peoples of the captive nations of the world, suffering under the heel of Godless Communism and militant Islam. Be with us and comfort us in our hour of desolation. Grant us the grace and courage to resist the vicious attacks made against us, solely on account of being named as Catholics and Christians. We commend to thee especially, dearest Mother, all the members of the Mystical Body of Christ yet surviving today, that we may remain faithful to thy Divine Son and His Church in the face of persecution, threats, and even death. Immaculate Heart of Mary, be our refuge, hope and victory for all of us suffering and living under the oppression of anti-God Socialism, enduring cruel Islamic tyranny, or undergoing any other form of persecution. Protect our own beloved country and the remnant Catholic Church from the persecutions of a looming police state, as well as the scourge of Islamic terrorism. Holy Army of God, Saints, Martyrs, Angels and Archangels, hasten to our assistance, and bring us safely through this dark night of persecution. Amen.



7.2.18. Prayer to Our Lady of Fatima

OUR LADY OF FATIMA, to thee we consign the safety, guidance, success and salvation of God's elect, His Latter-day Apostles and His Traditional Orthodox Catholic children throughout the world. Protect them all from the infernal enemy and his snares. Obtain for them God's mercy and the graces necessary for them to complete their appointed tasks that they may bring about the greater glory of God here on earth together with the triumph of thy Immaculate Heart and the Sacred Heart of Jesus. Amen.

Three Hail Mary's; Our Lady of Fatima, *Pray for us.* (7X); Most Sacred Heart of Jesus, *Have mercy on us.* (7X)



OUR LADY OF FATIMA
With Lucia, Jacinta and Francisco



OUR LADY OF FATIMA, PRAY FOR US
Courtesy of Fatima.org

7.2.19. Flame of Love Prayer (See Appendix B for the FLAME of LOVE Story)

MATER DEI, Diluvium totam humanitatem cum benedictione tua Flamma Amoris, nunc et in hora mortis nostrae. Amen. (5X)

MOTHER of GOD, Flood the whole humanity with the blessings of thy Flame of Love, now and at the hour of our death. Amen. (5X)



7.2.20. Prayer to Our Mother of Good Counsel (Pope Pius XII)

7.2.20.1. Holy Virgin, moved by the painful uncertainty we experience in seeking and acquiring the true and the good, we cast ourselves at thy feet and invoke thee under the sweet title of Mother of Good Counsel. We beseech thee: come to our aid at this moment in our worldly sojourn when the double darkness of error and of evil plot our ruin by leading minds and hearts astray.

Seat of Wisdom and Star of the Sea, enlighten the victims of doubt and of error so that they may not be seduced by evil masquerading as good; strengthen them against the hostile and corrupting forces of passion and of sin. Mother of Good Counsel, obtain for us our most urgent need (*here mention your request*) and secure for us from thy Divine Son the love of virtue and the strength to choose, in doubtful and difficult situations, the course agreeable to our salvation.

Supported by thy hand we shall thus journey without harm along the paths taught us by the word and example of Jesus our Savior, following the Sun of Truth and Justice in freedom and safety across the battlefield of life under the guidance of thy maternal Star, until we come at length to the harbor of salvation to enjoy with thee unalloyed and everlasting peace. Amen.



7.2.20.2. The Augustinian's Morning Prayer to Our Mother of Good Counsel¹²¹



We turn to you, our Mother of Good Counsel, as we seek to imitate your faith-filled life. May we be led by the same Wisdom which God sent forth from Heaven to guide you along unfamiliar paths and through challenging decisions. Keep us in mind and heart, as we go forward in joyful hope toward the grace-filled freedom that Saint Augustine recommends. O Virgin, Mother of Good Counsel, hear our prayer, as we look to you for guidance.

Pray for us to our loving and merciful Father, to your Son, our Lord Jesus the Christ, and to the Holy Spirit, giver of all Wisdom one God forever and ever. Amen.

(*About this Prayer:* The Augustinians pray this prayer every morning as part of Morning Prayer as we recall our need for God's help in the day ahead. Through this prayer we seek the counsel of the faith-filled life of Mary who herself faced uncertainty as she too journeyed along unfamiliar paths and challenging decisions towards God. The prayer also reminds us that we are on this journey together, and we ask God to keep us one in mind and heart as we journey through the day.)

7.2.21. Prayer to Our Mother of Good Success¹²²

Our Lady and Mother, see how evil is invading everything: hearts, families, society, our country.

Children no longer walk on the path of innocence. The youth, caught up in worldly pastimes, no longer come before thy altar to ask thy maternal blessings; nor do they seek the light of thy gaze to dissipate the shadows of doubt the world instills unceasingly.

Mothers are forgetting that the home is the first school where good is taught, and they are the first teachers. **Family life today has deteriorated, and the sound of the call to prayer is rarely heard. In the home, few still**

believe in Divine Providence which has counted all the hairs on our heads and the sufferings of our hearts, and few have recourse to the merciful assistance of thy maternal heart.

In the schools there is no prayer, nor are thy grandeurs sung.

In these hours, our country is the poor traveler of the Gospel who fell into the hands of thieves, riddled with wounds that are almost mortal, without the relief of any human hope.

My sweet Mother, take care of these abandoned children who are lost because they have nothing in life. Protect the youth so that these tender plants are not swallowed up in the poisonous muck of vice. Teach mothers the divine gift of being mothers and their duty to model the hearts of their children at the cost of any sacrifice, of saving them with the mysterious supplication of their tears.

If you do not come to the assistance of this agonizing country, the remnants of Christendom will disappear. Your heart is an abyss of ineffable tenderness. Let a drop of balm fall upon its wound and it will live. Amen.



7.2.21.1. Prayer to the Most Holy Virgin of Good Success¹²³ (Printed with ecclesiastical approval, in Quito, 1887, the first prayer that has been printed in the capital of Ecuador in honor of our Queen – Mother. 200 days indulgence once a day Leo XIII. February 27th, 1886: Rescript of the Sacred Congregation of Indulgences)



Oh Mary, Immaculate Virgin, Mother of God, sustain my soul, O Mother full of grace. Direct me, govern my life along the path of virtue that I may attain the perfect fulfillment of God's obligations. Obtain for me the forgiveness of my sins. Be my refuge, my protection, my defense, my guide, during the pilgrimage of this life. Comfort me in my afflictions. Sustain me in dangers; be my safe haven in the storms of adversity.

Grant to me Oh Mary, the interior rekindling of my heart for the holy occupancy of thy Divine Son Jesus alone. Remove from me all that is weak and miserable, all sin, neglect, despair, faintheartedness and human respect. Completely banish from my heart the sins of pride, vainglory, self-love and all earthly interests that may be an obstacle to the effectiveness of Thy patronage.

Oh sweet Mother of Jesus! Oh Queen Mother of Good Success! Direct thy motherly gaze upon me. And, if through fragility or malice, I have attracted threats

from the Eternal Judge and grieved the Sacred Heart of my gentle Jesus, cover me with Thy mantle of protection and I will be saved.

Thou art! O Mary! The most prudent Virgin, Refuge sinners, do not allow me to be exposed to the occasions of sin, and if I would stumble into any fault, grant me abundant tears that, day and night, I may lament my sin. Thou art! Oh Mary! my hope and consolation, through thy mercy, I hope to one day greet Thee as the Glorious Queen of Heaven. Amen.

Invocations

Hail! O Resplendent Lily of Purity!

Hail! Lavender Rose of the Celestial Garden of Paradise!

Oh Thou, from whom the Incarnate God desired to be born and nourished with thy virginal milk,

Succor us, poor sinners, now and at the hour of our death Amen.

Vicar General of the Archdiocese Quito, May 28, 1943
With permission, Victor Moscoso M. Carrillo, Vicar General;
Humberto M. Angel Jacome, Secretary

7.2.19. The Memorare*

The Memorare 1

MEMORARE, O piissima Virgo Maria, non esse auditum a saeculo, quemquam ad tua currentem praesidia, tua implorantem auxilia, tua petentem suffragia, esse derelictum. Ego tali animatus confidentia, ad te, Virgo Virginum, Mater, curro, ad te venio, coram te gemens peccator

REMEMBER, O most gracious Virgin Mary, that never was it known that anyone who fled to thy protection, implored thy help, or sought thy intercession was left unaided. Inspired with this confidence, I fly to thee, O Virgin of virgins, my Mother; to thee do I come; before

assisto. Noli, Mater Verbi, verba mea despicere; sed audi propitia et exaudi. Amen.

thee I stand, sinful and sorrowful. O Mother of the Word Incarnate, despise not my petitions, but in thy mercy hear and answer me. Amen.

The Memorare 2

MEMORARE, O piissima Virgo Maria, non esse auditum a saeculo, quemquam ad tua currentem praesidia, tua im-plorantem auxilia, aut tua petentem suffragia a te esse derelictum. Ego tali animatus fiducia, ad te Virgo virginum Maria Mater Iesu Christi, confugio, ad te venio, ad te curro, coram te gemens peccator et tremens assisto: noli, Domina mundi, noli aeterni Verbi Mater verba mea despicere, sed audi propitia et exaudi me miserum ad te in hac lacrimarum valle clamantem. Adsis mihi, obsecro, in omnibus necessitatibus meis, nunc et semper, et maxime in hora mortis meae. O clemens, O pia, O dulcis Virgo Maria! Amen.

REMEMBER, O most gracious Virgin Mary, that never was it known that anyone who fled to thy protection, implored thy help, or sought thy intercession was left unaided by thee. Inspired with this confidence, I fly to thee, Mary, Virgin of virgins, Mother of Jesus Christ. To thee do I come; before thee I stand, sinful, sorrowful and trembling. O Mistress of the World and Mother of the Word Incarnate, despise not my petitions, but in thy mercy hear and answer wretched me crying to thee in this vale of tears. Be near me, I beseech thee, in all my necessities, now and always, and especially at the hour of my death. O clement, O loving, O sweet Virgin Mary. Amen.

* The Memorare is a very popular Marian prayer that is sometimes attributed to St. Bernard of Clairvaux (1090-1153), Confessor, Abbot, and Doctor of the Church. While some of his writings do indeed echo the words of the Memorare, he did not in fact compose it. The prayer was first popularized not by St. Bernard of Clairvaux, but by another Bernard, namely Fr. Claude Bernard (1588-1641). More than likely the association of St. Bernard of Clairvaux's name with the prayer is a case of mistaken identity with Fr. Claude Bernard.

Fr. Claude Bernard, known as the "Poor Priest", zealously dedicated himself to the preaching and aiding of prisoners and criminals condemned to death. Trusting his charges to the care and intercession of the Blessed Virgin Mary, Fr. Bernard employed the Memorare extensively in his work of evangelization to great effect. Many a criminal was reconciled to God through his efforts. At one time he had more than 200,000 leaflets printed with the Memorare in various languages so he could distribute the leaflets wherever he felt they would do some good.

Part of the reason Fr. Claude Bernard held the prayer in such high regard was because he himself felt that he had been miraculously cured by its use. In a letter to Queen Anne of Austria, wife of Louis XIII, he wrote that he was deathly ill once. In fear of his life he recited the Memorare and immediately began to get well again. Feeling unworthy of such a miracle, he attributed the cure to some unknown natural cause. Sometime later, Brother Fiacre, a disaffected Augustinian, came to call upon Fr. Bernard. The good brother begged Fr. Bernard's pardon for disturbing him, but he desired to know how Fr. Bernard was getting along. Brother Fiacre then went on to say that the Virgin Mary had appeared to him in a vision, told him of Fr. Bernard's illness, told him how she had cured Fr. Bernard of it, and that he was to assure Fr. Bernard of this fact. Fr. Bernard then goes on to write in his letter that he was ashamed of his ingratitude in attributing the cure to natural causes, and asked for God's forgiveness in the matter.

Further evidence of association of the Memorare with Fr. Claude Bernard can be found in the Bibliotheque Nationale at Paris where 18 engraved portraits of this holy priest have the prayer engraved below the picture. The prayer there is basically identical in substance with the Memorare we have today, and the heading simply says: ORAISON DU R. P. BERNARD A LA VERGE (Prayer of Rev. Fr. Bernard to the Virgin). In as much as some of these engravings are contemporary portraits of Fr. Bernard, his association with the prayer is very clear. It is easy to see how sometime after his death the Prayer of Fr. Claude Bernard became the Prayer of St. Bernard, and in most people's minds the Prayer of St. Bernard of Clairvaux.

While we have Fr. Claude Bernard to thank for promoting the Memorare, he is certainly not its original author. First, Fr. Bernard stated that he learned the prayer from his own father. Secondly, the prayer was known to and used by St. Francis de Sales who is 21 years older than Fr. Bernard. Thirdly, and most importantly, the prayer appears as part of the much longer 15th century prayer, *Ad sanctitatis tuae pedes, dulcissima Virgo Maria*.

Ad sanctitatis tuae pedes, dulcissima Virgo Maria is a rather long prayer that appears in a number of printed books and manuscripts from the last quarter of the 15th century and onwards. It appears in such works as the *Hortulus Animae* (15th cent.), the *Antidotarius Animae* (15th cent.) of Nicholas de Saliceto (Cistercian abbot of Bomgart, near Strasbourg), and the *Precationum piarum Enchiridion*, compiled around 1570 by Simon Verepaeus. The Memorare is an integral part of the text in each case. Exactly when the Memorare was extracted from this longer prayer has not yet been determined, but it likely occurred in the later part of the 16th century, around the time of Fr. Bernard and his father.

Since the later part of the 16th century several variants of the Memorare have appeared such as that found in the *Coeleste Palmetum* below. It is also found embedded in the *Ave augustissima*. The exact wording of the prayer stabilized during the 19th century to that given above and was first indulged by Pope Pius IX in 1846.

A partial indulgence is granted to the faithful who recite the Memorare. [From the *Raccolta*, #339 (S. C. Ind., Dec. 11, 1846; S. P. Ap., Sept. 8, 1935) Encr. Ind. #32. For information about Fr. Claude Bernard, see *Claude Bernard, dit "le Pauvre Pretre"*, Commandeur de Broqua, 12ed, Lethielleux, 1913. De Broqua was the postulator for the cause of Fr. Bernard's canonization.

(<http://www.preces-latinae.org/thesaurus/BVM/Memorare.html>)]