

Nine Day Novena and Litany to Our Lady of Mt. Carmel¹

July 7th to Feast Day, July 16th



NINE DAY NOVENA TO OUR LADY OF MT. CARMEL

First Day

O Beautiful Flower of Carmel, most fruitful vine, splendor of heaven, holy and singular, who brought forth the Son of God, still ever remaining a pure virgin, assist us in our necessity! O Star of the Sea, help and protect us! Show us that you are our Mother! *(Mention your request here)*

Our Father..., Hail Mary..., Glory Be..., Our Lady of Mount Carmel, Pray for us.

Second Day

Most Holy Mary, Our Mother, in your great love for us you gave us the Holy Scapular of Mount Carmel, having heard the prayers of your chosen son Saint Simon Stock. Help us now to wear it faithfully and with devotion. May it be a sign to us of our desire to grow in holiness. *(Mention your request here)*

Our Father..., Hail Mary..., Glory Be..., Our Lady of Mount Carmel, Pray for us.

Third Day

O Queen of Heaven, you gave us the Scapular as an outward sign by which we might be known as your faithful children. May we always wear it with honor by avoiding sin and imitating your virtues. Help us to be faithful to this desire of ours. *(Mention your request here)*

Our Father..., Hail Mary..., Glory Be..., Our Lady of Mount Carmel, Pray for us.

Fourth Day

When you gave us, Gracious Lady, the Scapular as our Habit, you called us to be not only servants, but also your own children. We ask you to gain for us from your Son the grace to live as you children in joy, peace and love. *(Mention your request here)*

Our Father..., Hail Mary..., Glory Be..., Our Lady of Mount Carmel, Pray for us.

Fifth Day

O Mother of Fair Love, through your goodness, as your children, we are called to live in the spirit of Carmel. Help us to live in charity with one another, prayerful as Elijah of old, and mindful of our call to minister to God's people. *(Mention your request here)*

Our Father..., Hail Mary..., Glory Be..., Our Lady of Mount Carmel, Pray for us.

Sixth Day

With loving provident care, O Mother Most Amiable, you covered us with your Scapular as a shield of defense

against the Evil One. Through your assistance, may we bravely struggle against the powers of evil, always open to your Son Jesus Christ. *(Mention your request here)*

Our Father..., Hail Mary..., Glory Be..., Our Lady of Mount Carmel, Pray for us.

Seventh Day

O Mary, Help of Christians, you assured us that wearing your Scapular worthily would keep us safe from harm. Protect us in both body and soul with your continual aid. may all that we do be pleasing to your Son and to you. *(Mention your request here)*

Our Father..., Hail Mary..., Glory Be..., Our Lady of Mount Carmel, Pray for us.

Eighth Day

You give us hope, O Mother of Mercy, that through your Scapular promise we might quickly pass through the fires of purgatory to the Kingdom of your Son. Be our comfort and our hope. Grant that our hope may not be in vain but that, ever faithful to your Son and to you, we may speedily enjoy after death the blessed company of Jesus and the saints. *(Mention your request here)*

Our Father..., Hail Mary..., Glory Be..., Our Lady of Mount Carmel, Pray for us.

Ninth Day

O Most Holy Mother of Mount Carmel, when asked by a saint to grant privileges to the family of Carmel, you gave assurance of your Motherly love and help to those faithful to you and to your Son. Behold us, your children. We glory in wearing your holy habit, which makes us members of your family of Carmel, through which we shall have your powerful protection in life, at death and even after death. Look down with love, O Gate of Heaven, on all those who are now in their last agony! Look down graciously, O Virgin, Flower of Carmel, on all those who are in need of thy help! Look down mercifully, O Mother of our Savior, on all those who do not know that they are numbered among your children. Look down tenderly, O Queen of All Saints, on the poor souls! *(Mention your request here)*

Our Father..., Hail Mary..., Glory Be..., Our Lady of Mount Carmel, Pray for us.



LITANY OF OUR LADY OF MOUNT CARMEL

Lord, have mercy on us.
Christ, have mercy on us.
Lord, have mercy on us. Christ, hear us.
Christ, graciously hear us.
God the Father of Heaven, ***Have mercy on us.***
God the Son, Redeemer of the world,
God the Holy Ghost,
Holy Trinity, One God,
Holy Mary, ***Pray for us sinners.***

Our Lady of Mount Carmel, Queen of Heaven,
Our Lady of Mount Carmel, vanquisher of Satan,
Our Lady of Mount Carmel, most dutiful Daughter,
Our Lady of Mount Carmel, most pure Virgin,
Our Lady of Mount Carmel, most devoted Spouse,
Our Lady of Mount Carmel, most tender Mother,
Our Lady of Mount Carmel, perfect model of virtue,
Our Lady of Mount Carmel, sure anchor of hope,
Our Lady of Mount Carmel, refuge in affliction,

Our Lady of Mount Carmel, dispenser of God's gifts,
Our Lady of Mount Carmel, tower of strength against
our foes,
Our Lady of Mount Carmel, our aid in danger,
Our Lady of Mount Carmel, road leading to Jesus,
Our Lady of Mount Carmel, our light in darkness,
Our Lady of Mount Carmel, our consolation at the
hour of death,
Our Lady of Mount Carmel, advocate of the most
abandoned sinners,

For those hardened in vice, *With confidence we come to
thee,*
For those who grieve thy Son,
For those who neglect to pray,
For those who are in their agony,
For those who delay their conversion,
For those suffering in Purgatory,
For those who know thee not,

Lamb of God, Who takest away the sins of the world, *Spare us, O Lord.*

Lamb of God, Who takest away the sins of the world, *Graciously hear us, O Lord.*

Lamb of God, Who takest away the sins of the world, *Have mercy on us.*

V. Our Lady of Mount Carmel, Hope of the Despairing,

R. *Intercede for us with thy Divine Son.*

Let Us Pray

Our Lady of Mount Carmel, glorious Queen of Angels, channel of God's tenderest mercy to man, refuge and advocate of sinners, with confidence I prostrate myself before thee, beseeching thee to obtain for me (*mention request*). In return I solemnly promise to have recourse to thee in all my trials, sufferings and temptations, and I shall do all in my power to induce others to love and reverence thee and to invoke thee in all their needs. I thank thee for the numberless blessings which I have received from thy mercy and powerful intercession. Continue to be my shield in danger, my guide in life, and my consolation at the hour of death. Amen.



THE ROSARY, BROWN SCAPULAR AND THE SABBATINE PRIVILEGE²

Pope St. Pius X said: "If you want peace in your heart, in your home, in your country, assemble together every night and say the ROSARY". Many complain that it is a tedious repetition – that they cannot meditate on the mysteries. Our Blessed Mother gave this advice to St. Dominic: "This is why, before doing anything else, priests should try to kindle a love of prayer in people's hearts and especially a love of my rosary. If only they would all start saying it and persevere, God, in His mercy, could hardly refuse to give them His grace. So I want you to preach my Rosary!"

St. Louis de Montfort said: "I beg of you to beware of thinking of the Rosary as something of little importance – as do ignorant people and even several great but proud scholars. Far from being insignificant, the Rosary is a priceless treasure which is inspired by God." He also tells us: "For never will anyone who says his Rosary every day become a formal heretic or be led astray by the devil." St. Dominic prayed to Our Lady that she would force the devils who possessed a man to reveal the truth about devotion to her. The devils were forced by Our Lady to reveal: "Now that we are forced to speak we must also tell you this: **Nobody who perseveres in saying the Rosary will be damned**, because she obtains for her servants the grace of true contrition for their sins and by means of this they obtain God's forgiveness and mercy." St. Teresa of Avila tells us how priceless a treasure it is by showing the value and merits of a single HAIL MARY. Shortly after her death, she appeared to one of the Sisters of her Community and told her that she was willing to return to a life of suffering until the end of time to merit the degree of glory which God rewards one devoutly recited Hail Mary.

The Brown Scapular

Another magnificent assurance of Salvation is Our Lady's Brown Scapular. One of the great mysteries of our time is that the great majority of Catholics either ignore or have forgotten the Blessed Virgin Mary's promise: "Take this Scapular, it shall be a sign of salvation, a protection in danger and a pledge of peace. Whosoever dies wearing this Scapular shall not suffer eternal fire." She further says: "Wear it devoutly and perseveringly. It is

my garment. To be clothed in it means you are continually thinking of me, and I in turn, am always thinking of you and helping you to secure eternal life."

Many Catholics may not know that it is the wish of the pre-Vatican II Popes, that the Scapular Medal **should not be worn in place** of the Cloth Scapular without sufficient reason. Mary cannot be pleased with anyone who substitutes the medal out of vanity or fear to make open profession of religion. Such persons run the risk of not receiving the promise. The medal has never been noted for any of the miraculous preservations attributed to the Brown Cloth Scapular. To obtain the fullest possible benefits from the Brown Scapular devotion, one must be validly invested (sometimes called enrolled) in the Brown Scapular by a priest. Every priest has the privilege of enrolling Catholics in the Scapular. After having received the initial blessed Scapular from a priest, no other Scapular need be blessed before wearing. The blessing and imposition are attached to the wearer for life.

During the Scapular Anniversary celebration in Rome, Pope Pius XII told a very large audience to wear the Brown Scapular as a sign of consecration to the Immaculate Heart of Mary. Our Lady asked for this consecration in the last apparition at Fatima, when she appeared as Our Lady of Mount Carmel, holding the Brown Scapular out to the whole world. It was Her last loving appeal to souls to wear Her Scapular as a sign of Consecration to Her Immaculate Heart.

St. Claude de la Colombiere, the renowned Jesuit and spiritual director of St. Margaret Mary, gives a point which is enlightening. He said: "Because all the forms of our love for the Blessed Virgin, all its various modes of expression cannot be equally pleasing to Her, and therefore do not assist us in the same degree to Heaven. I say without a moments hesitation that the **brown scapular is the most favored of all!**" He also adds: "No devotion has been confirmed by more numerous authentic miracles than the Brown Scapular."

The two great founders of their own respective Orders, St. Alphonsus of the Redemptorists and St. Don Bosco of the Salesians – both had a very special devotion to Our Lady of Mount Carmel and both wore Her Brown Scapular. When they died, they were buried in their priestly vestments and Scapulars. Many years later, their graves were opened. The bodies and sacred vestments in which they were buried decayed, **but the brown scapular which each was wearing was perfectly intact.** The Scapular of St. Alphonsus is on exhibit in his monastery in Rome.

We should even **give the Scapular to non-Catholics** as Our Lady will bring conversions to those who will wear it and say one Hail Mary each day as the following true story will show:

An old man was rushed to the St. Simon Stock Hospital in New York City, unconscious and dying. The nurse, seeing the Brown Scapular on the patient, called the priest. As he was saying the prayers for the dying, the man became conscious and spoke up: "Father, I am not a Catholic." "Then why are you wearing the Brown Scapular?" asked the priest. "I promised my friends to wear it," the patient explained, "and say one Hail Mary a day." "You are dying," the priest told him. "Do you want to become a Catholic?" "All my life I wanted to be one," the gasping man replied. He was baptized, received the last rites and died in peace. Our Lady took another soul under her mantle, through her SCAPULAR!

The devils revealed to Francis of Yepes, the brother of St. John of the Cross that three things especially tormented them. The first is the NAME OF JESUS; the second, the NAME OF MARY; and third, THE BROWN SCAPULAR OF OUR LADY OF MOUNT CARMEL. "Take off that habit," they cried to him, "which snatches too many souls from us. **All those clothed in it die piously and escape us.**"

"The Scapular must be worn on the shoulders in such a manner that one part hangs in front of the body and the other in back. Worn in any other way it carries no indulgence or promise."

The Sabbatine Privilege

The Scapular even extends to Purgatory. The Sabbatine Privilege is based on the Papal Bull issued on March 3, 1322 by Pope John XXII. This Privilege was approved and confirmed by many popes including St. Pius V. It essentially says that those who wear the Scapular and fulfill two other conditions can obtain **early liberation**

from Purgatory, through the special intercession of the Virgin Mary, on the day consecrated to her, Saturday.

The other two conditions are: 1) Observe chastity according to one's state in life and 2) Recite the Little Office of Our Blessed Mother (the Rosary, with permission from a priest, can be substituted for the office). Our Lady revealed to Venerable Dominic of Jesus and Mary: "Although many wear my Scapular, only a few fulfill conditions for the Sabbatine Privilege." We maintain the majority don't know them. It is an act of charity to make the Sabbatine Privilege known to all. A soul from Purgatory was asked by a Sister: "What is the average stay of the souls in Purgatory?" The Poor Soul answered: "From thirty to forty years!" Can you see the importance of making Our Lady's Privilege known – if you consider that the Purgatorial flames are the same as the fires of Hell, except for the duration – one is limited time and the other forever!

A last reminder – we give you the message of one pastor. He said: "If I were positive that all my parishioners died wearing the Brown Scapular, I would be most certain that we would all meet in Heaven." If this pastor can be so certain about his parishioners, why can't all pastors be just as certain? Give your pastor this circular. Why can't every father and mother be certain of their children, family and friends? Explain to them the SCAPULAR PROMISE and the SABBATINE PRIVILEGE. Heed Our Lady's wish: **"Wear the Scapular devoutly and perseveringly . . . It shall be a sign of salvation, a protection in danger, and a pledge of peace."**

The Real Fatima Story

A Gallup poll disclosed that only one and one-half percent of all Catholics in the United States really know the Fatima message. Why? Because the other 98 1/2 percent of American Catholics are ignoring – or do not have a chance to learn about – God's plan for a just and lasting peace.

The time was October 13, 1917 – the place was Fatima, Portugal. The "Miracle of the Sun" was witnessed by more than 70,000 people. An event so outstanding that it was reported in many secular newspapers of the times, including the influential O DIA and O SECULO papers run by atheists and agnostics.

At that time and in four previous apparitions, Our Blessed Mother told three shepherd children that **wars were a punishment due to sin** and that man must stop offending God "already too much offended." She predicted that if people did not follow the "Peace Plan from Heaven" that Russia would rise and spread her errors throughout the world and that "various nations would be annihilated . . ." She also predicted World War II which would come in the reign of Pius XI – and it arrived right on schedule.

The Blessed Mother gave the three children a frightening vision of Hell and told them this was where the souls of poor sinners go and that "many souls go to Hell because there is **no one to pray for them.**"

Stop offending God with sin, pray the Rosary daily, offer prayers and sacrifices of reparation including the devotion of the Five First Saturdays, consecrate ourselves to the Immaculate Heart of Mary and wear the Brown Scapular. We offer a brochure on the story of **Our Lady of Fatima** which can be ordered from www.olrl.org/pray/.

Enrollment and Blessing Formula for the Brown Scapular

Priest: Show us, O Lord, Thy mercy.

All: And grant us Thy salvation.

Priest: O Lord, hear my prayer.

All: And let my cry come unto Thee.

Priest: The Lord be with you.

All: And with thy spirit.

Priest: Let us pray:

O Lord Jesus Christ, Savior of mankind, by Thy right hand sanctify + these Scapulars (this Scapular) which Thy servants will devoutly wear for the love of Thee and of Thy Mother; the Blessed Virgin Mary of Mt. Carmel; so that, by her intercession, they may be protected from the wickedness of the enemy and persevere in Thy grace until death; Who livest

The priest now sprinkles the Scapular with Holy Water, after which he places the Scapular on each one saying:

Receive this blessed Scapular and ask the Most Holy Virgin that, by her merits, it may be worn with no stain of sin and may protect you from all harm and bring you into everlasting life. Amen.

After placing the Scapular on each person, the priest continues:

By the power granted to me, I admit you to a share in all the spiritual works performed with the merciful help of Jesus Christ, by the religious of Mount Carmel, in the name of the Father and of the Son + and of the Holy Ghost. Amen

May Almighty God, Creator of heaven and earth, bless + you whom He has been pleased to receive into the Confraternity of the Blessed Virgin Mary of Mount Carmel. We beg her to crush the head of the ancient serpent in the hour of your death, and, in the end, to obtain for you a palm and the crown of your everlasting inheritance. Through Christ Our Lord. Amen.

The priest now sprinkles those enrolled with Holy Water.

¹ Reformatted from - <https://carmelourladysdovecote.wordpress.com/2013/07/06/9-day-novena-and-litany-to-our-lady-of-mt-carmel-july-7th-to-feast-day-july-16th/>

² www.olrl.org/pray/