

NOVENA FOR THE FEAST OF THE NATIVITY OF OUR BLESSED MOTHER¹



The following Novena is prayed from August 31 through September 8, the feast of the Nativity of the Blessed Virgin Mary. This Novena was approved well before Vatican II.

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Day One: August 31

V. O God, come to my assistance.

R. O Lord, make haste to help me. Glory be...

Heavenly Child, lovable Mary, the Eternal Father delights in thy birth, for He beholds in thy coming into this world one of His creatures who is so perfect that she will become the worthy Mother of His Divine Son. May thy birth give joy to my soul also, by obtaining for me from the heavenly Father, the pardon of my sins, and an abiding sorrow for them. *Hail Mary...*

Antiphon: Thy Nativity, O Virgin Mother of God, was the herald of joy to the whole world; since from thee arose the Sun of Justice, Christ our God, who, destroying the

¹ <http://www.dailycatholic.org/sepdevo.htm#nativitybvm1>

curse, bestowed the blessing, and confounding death, rewarded us with life everlasting.

V. Let us celebrate with joy the birth of the Blessed Virgin Mary.

R. *That she may intercede for us with Our Lord Jesus Christ.*

Let us pray

Grant to us Thy servants, we beseech Thee, O Lord, the gift of Thy heavenly grace, that as our salvation was begun in the child-bearing of the Blessed Virgin, so from this solemn festival of her Nativity may we obtain an increase of peace. Through Our Lord Jesus Christ. Amen.

Prayer of St. Anselm of Canterbury (12th Century)²

Vouchsafe that I may praise thee, O sacred Virgin; give me strength against thine enemies, and against the enemy of the whole human race. Give me strength humbly to pray to thee. Give me strength to praise thee in prayer with all my powers, through the merits of thy most sacred nativity, which for the entire Christian world was a birth of joy, the hope and solace of its life. When thou wast born, O most holy Virgin, then was the world made light. Happy is thy stock, holy thy root, and blessed thy fruit, for thou alone as a virgin, filled with the Holy Spirit, didst merit to conceive thy God, as a virgin to bear Thy God, as a virgin to bring Him forth, and after His birth to remain a virgin. Have mercy therefore upon me a sinner, and give me aid, O Lady, so that just as thy nativity, glorious from the seed of Abraham, sprung from the tribe of Judah, illustrious from the stock of David, didst announce joy to the entire world, so may it fill me with true joy and cleanse me from every sin. Pray for me, O Virgin most prudent, that the gladsome joys of thy most helpful nativity may put a cloak over all my sins. O holy Mother of God, flowering as the lily, pray to thy sweet Son for me, a wretched sinner. Amen. *(Mention your request here...)* **Our Father... Hail Mary... Glory Be...**

Day Two: September 1

V. O God, come to my assistance.

R. *O Lord, make haste to help me. Glory be...*

O Chosen One among the daughters of Adam, admirable Mary, the Son of God delights in thy birth, for He beholds the one chosen to be His Mother, and oh! such a beloved Mother. May thy birth give joy to my soul also, by obtaining from thy divine Son the grace to be born again spiritually to a holy life, perfectly conformed to thine, so that I may merit to obtain eternal glory. **Hail Mary...**

Antiphon: Thy Nativity, O Virgin Mother of God, was the herald of joy to the whole world; since from thee arose the Sun of Justice, Christ our God, who, destroying the curse, bestowed the blessing, and confounding death, rewarded us with life everlasting.

V. Let us celebrate with joy the birth of the Blessed Virgin Mary.

² <https://novenaprayer.com/nativity-of-mary-novena/>

R. That she may intercede for us with Our Lord Jesus Christ.

Let us pray

Grant to us Thy servants, we beseech Thee, O Lord, the gift of Thy heavenly grace, that as our salvation was begun in the child-bearing of the Blessed Virgin, so from this solemn festival of her Nativity may we obtain an increase of peace. Through Our Lord Jesus Christ. Amen.

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Day Three: September 2

V. O God, come to my assistance.

R. O Lord, make haste to help me. **Glory be...**

O Chosen One among the daughters of Adam, lovable Mary, the Eternal Word takes delight in thy birth, for He sees the source of His Immaculate Blood. May thy birth give joy to my soul also, by obtaining for me from the Word made Flesh, the grace to find in this Divine Blood the eternal happiness of my soul. **Hail Mary...**

Antiphon: Thy Nativity, O Virgin Mother of God, was the herald of joy to the whole world; since from thee arose the Sun of Justice, Christ our God, who, destroying the curse, bestowed the blessing, and confounding death, rewarded us with life everlasting.

V. Let us celebrate with joy the birth of the Blessed Virgin Mary.

R. That she may intercede for us with Our Lord Jesus Christ.

Let us pray

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Day Four: September 3

V. O God, come to my assistance.

R. O Lord, make haste to help me. **Glory be...**

O Chosen One among the daughters of Adam, admirable Mary, the Redeemer, promised to mankind from the beginning of the world, takes delight in thy birth, for He sees the one who is destined to become the co-redemptrix of souls by uniting her tears to the Blood shed on the Cross to save mankind. **Hail Mary...**

Antiphon: Thy Nativity, O Virgin Mother of God, was the herald of joy to the whole world; since from thee arose the Sun of Justice, Christ our God, who, destroying the curse, bestowed the blessing, and confounding death, rewarded us with life everlasting.

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R. That she may intercede for us with Our Lord Jesus Christ.

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Day Five: September 4

V. O God, come to my assistance.

R. O Lord, make haste to help me. **Glory be...**

Resplendent Lily of Paradise, lovable Mary, the Holy Ghost takes delight in thy birth for He sees in thee the soul never stained by sin, which would forever be His worthy Temple. May thy birth give joy to my soul also, by obtaining for me from the Sanctifier and thy divine Spouse His divine love and final perseverance. **Hail Mary...**

Antiphon: Thy Nativity, O Virgin Mother of God, was the herald of joy to the whole world; since from thee arose the Sun of Justice, Christ our God, who, destroying the curse, bestowed the blessing, and confounding death, rewarded us with life everlasting.

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virgin to bear Thy God, as a virgin to bring Him forth, and after His birth to remain a virgin. Have mercy therefore upon me a sinner, and give me aid, O Lady, so that just as thy nativity, glorious from the seed of Abraham, sprung from the tribe of Judah, illustrious from the stock of David, didst announce joy to the entire world, so may it fill me with true joy and cleanse me from every sin. Pray for me, O Virgin most prudent, that the gladsome joys of thy most helpful nativity may put a cloak over all my sins. O holy Mother of God, flowering as the lily, pray to thy sweet Son for me, a wretched sinner. Amen. (*Mention your request here...*) *Our Father... Hail Mary... Glory Be...*

Day Six: September 5

V. O God, come to my assistance.

R. O Lord, make haste to help me. *Glory be...*

Most Beautiful Branch of the tree of David, most admirable Mary, whose birth was such a consolation to St. Joachim and St. Anne who were delighted to be the parents of so holy a child, may thy birth be the consolation of my soul, by obtaining for me from God, victory over the world and detachment from all the things of this earth.

Hail Mary...

Antiphon: Thy Nativity, O Virgin Mother of God, was the herald of joy to the whole world; since from thee arose the Sun of Justice, Christ our God, who, destroying the curse, bestowed the blessing, and confounding death, rewarded us with life everlasting.

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Day Seven: September 6

V. O God, come to my assistance.

R. O Lord, make haste to help me. **Glory be...**

Resplendent Morning Star, lovable Mary, thy birth was the cause of great joy to the angels, for they beheld in thee the Mother of the Redeemer of the world, Who by His Death would repair the loss sustained by the fall of rebellions angels in paradise. May thy birth give joy to my soul also, by obtaining for me from God, victory over the infernal enemy, deliverance from all his snares, and the grace to be associated in glory with the angels in Heaven. **Hail Mary...**

Antiphon: Thy Nativity, O Virgin Mother of God, was the herald of joy to the whole world; since from thee arose the Sun of Justice, Christ our God, who, destroying the curse, bestowed the blessing, and confounding death, rewarded us with life everlasting.

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my sins. O holy Mother of God, flowering as the lily, pray to thy sweet Son for me, a wretched sinner. Amen. (*Mention your request here...*) *Our Father... Hail Mary... Glory Be...*

Day Eight: September 7

V. O God, come to my assistance.

R. O Lord, make haste to help me. *Glory be...*

Brilliant Aurora of Heaven, lovable Mary, thy birth brought great consolation to the souls of the saints detained in limbo, for it announced the approach of the Sun of Justice, Jesus Christ, Who would enlighten their darkness and then conduct them to paradise. May thy birth give joy to my soul also, and obtain for me from God, patience in all adversities, a perfect and constant conformity to His most holy will. *Hail Mary...*

Antiphon: Thy Nativity, O Virgin Mother of God, was the herald of joy to the whole world; since from thee arose the Sun of Justice, Christ our God, who, destroying the curse, bestowed the blessing, and confounding death, rewarded us with life everlasting.

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Day Nine: September 8

V. O God, come to my assistance.

R. O Lord, make haste to help me. *Glory be...*

Mediatrice between God and mankind, admirable Mary, by thy birth thou perfected the joy of all the children of Adam, who, through thee, have received the Author of Grace, for He hath made thee the treasurer of all the graces which are imparted to us. May thy birth be a special cause of joy to my soul by obtaining for me from God, eternal salvation and all the graces necessary to obtain it. *Hail Mary...*

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